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Thank you for being a part of the bigger picture in bringing joy and happiness to so many lives through healing unwanted stress, trauma, thoughts, feelings and behavior... all in the blink of an eye! Rapid Eye Technology is similar to the brain activity we experience during the dream state when rapid eye movement causes a natural discharge of emotional memory. Dr. Ranae Johnson, founder of the Rapid Eye Institute, created this holistic healing model in a quest to help bring her autistic son into joy and balance. RET changes lives. RET heals families. RET creates success. And RET unveils spiritual power. Each and every one of the Rapid Eye Practitioners worldwide hold the same vision to end suffering and limitation.

This is the time to claim your power and create the life you desire. Whether you're practicing RET or receiving sessions ~ you've stepped into the best way to predict your future! If you're interested in becoming a RET technician, we have home study courses available with a support team to assist during and after the training. Live consciously with unlimited possibilities for the highest and greatest good for you!!

> Love, Peace and Gratitude, Melanie Gentzkow, MRET and Editor

Vibrations of words direct our energy. Our thoughts and words cerate our world. Whatever you focus on returns multiplied. If you speak about your experiences in the same manner (whether negative or positive), you create another layer of the same experience. By speaking with different words, you can recalibrate the

vibration of your experience. Remember you always get to be right, keep noticing your language and what it's creating. If you don't like the results you're getting, shift your thoughts and words.



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To submit articles, please send to Melanie Gentzkow @ meleaieann333@hotmail.com. We reserve the right to edit ar-

ticles. ~Thank You~

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Current Events

Meet Rebecca Young (and her son Nathen)

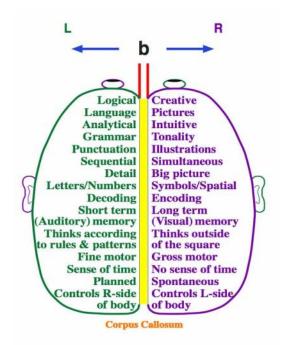
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EVENT	DATE	LOCATION	TRAINER/INFO
RET Skills for Life Class	June 19, 2014	Salem, OR	Melanie Gentzkow
Open to Community - No Charge	7:00-9:00 pm	Rapid Eye Institute	Lynell Beckstrom
Reiki	June 17-18 2014	Taos, New Mexico	Claudia Bianca
			575-770-7766
RET Basic Certification	June 19-23, 2014	Taos, New Mexico	Claudia Bianca
			575-770-7766
RET Skills for Life Class	July 3, 2014	Salem, OR	Lynell Beckstrom
Open to Community - No Charge	7:00pm—9:00pm	Rapid Eye Institute	801-856-1631
			Melanie Gentzkow
The Synergy of Energy Class	July 10, 2014	Salem, OR	Lynell Beckstrom
2nd Thursday night of every month	6:30pm—9:00pm	Rapid Eye Institute	801-856-1631
Open to the Community - No Charge			
Empower Your Clients for Success	July 11, 2014	Price, UT	Julie Johnson
			435-637-9555
Energy Psychology	August 1-4, 2014	Salem, OR	Sharlene Young
		Rapid Eye Institute	503-851-4574

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THE RAPID EYE INSTITUTE

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The Eye Patch as a Therapeutic Tool

Everyone has mostly heard of left and right brain dominance, which in a nutshell is left brain likes logic and details (and it is critical) and right brain lies the big picture, creativity, (and it is nonjudgmental), etc. let's call these "L" and "R" modes. What most don't know is that left brain also has an "R" mode and right brain has an "L" mode within it. When the Rapid Eye Research team first studied eye patching, it was used to assist clients between sessions to get out of upset because it was found that most triggers



and issues are in the left brain and "L" mode. Patching "L" left "R", the accepting/calm brain, open and "WA-LA" one feels better!

We studied patching in conjunction with tapping on pressure points to move stuck energy out of the energy field. We found that when you find the patched eye that makes you feel the most positive when you are upset, eye patching becomes a therapeutic tool to help you get out of distress! Further, we discovered that eye patching also tended to amplify the positive effects of tapping (emotional relief) without inducing emotional upset.

How does eye patching really work? As you patch an eye you close down the visual input to the opposing brain hemisphere (because the optic nerve crosses to the opposite brain hemisphere for processing.) As the eye is left open behind the patch, what the eye "sees" is what is referred to as a Ganzfeld field (named for Dr. Ganzfeld, a German researcher). A Ganzfeld field is a visual field or picture that is flat with no variations. Under the patch the brain says, "The eye is open, I should be getting input, but I am not getting input." This forces the brain to communicate with the open eye furiously to find out why there is no input. This furious brain activity is what leads to the changes in the perceptions of physical, mental and emotional reasoning.

Simply put, if you have a couple who are having difficulty communicating, patch them, get them into the same thinking brain and communication improves (due to the power of rapport). Know which side to patch that makes you comfortable and it will help get you out of upset. If a person needs to improve "R" mode so they can be more creative, then patch and exercise that mode so it is more easily accessed...change how you THINK!

There are so many good tools/skills in Rapid Eye Technology, Inc., to assist you in improving the quality of your life... find a technician in your area today and exercise that brain into a higher quality of life.

503-399-1181www.rapideyetechnology.com

Twitter: @RETLynell

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Love from Salem --Lynell



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Releasing the Reigns: Changing Others

Our perception of humanity as a whole is, to a large extent, dualistic. We paint people with a broad brush—some are like us, sharing our opinions and our attitudes, while others are different. Our commitment to values we have chosen to embrace is often so strong that we are easily convinced that our way is the right way. We may find ourselves frustrated by those who view the world from an alternate vantage point and make another should be like. The reasons we try to change one another are numerous. Since we have learned over time to flourish in the richness of lives we have built, we may come to believe that we are

qualified to speak on behalf of the greater source. The sum total of our knowledge will never compare to what we do not know, however, and our understanding of others' lives will forever be limited.

The potential we see in the people who are a part of our lives will never be precisely the same as our own, so we do these individuals a disservice when we make assumptions about their intentions. preferences, and goals. Our power lies in our ability to accept others for all their guirks and differences and to let go of the need to control every element of our existence. We can love

people for who they are, embracing their uniqueness, or we can love them as human beings from afar. Your ability to influence people may grow more sophisticated because others sense that you respect their right to be themselves, but you will likely spend more time gazing inward, into the one person you can change: yourself.

Submitted by Helen P. Howell





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Testimonials

I had just had a brain tumor removed and my peripheral vision was greatly impaired, along with some cognitive brain function which affected my ability to read. Kristine taught me to eye patch.

The first time I eye patched I saw a marked improvement with my vision. Things were not only much clearer, but my vision increased. I have continued to eye patch and my vision continues to get better and better.

My surgery was 5 weeks ago and I just finished reading my first, albeit, small book. I believe eye patching has enhanced my ability to read and function normally. I am a father of five boys, the youngest is two years old. I was just diagnosed with a Grade 4 Glioblastoma Muliforme, a "terminal" brain cancer.

RET with Kristine has helped me refocus, have hope, remain calm, heal my troubled spirit, feel more in tune to my surroundings and my God. Tom ~ Bonney Lake, WA

He is now using the voyager 3 times a week, too, along with weekly RET sessions.

Blessings, Kristine Farley, RET



"This therapy [RET] is one of the most powerful healing therapies I have ever experienced. After every session I have felt completely relaxed and renewed in a deep way and the healing has continued for days, weeks and often I have even seen the effects months later, not only with myself, but with my family members too, as this therapy is a deep healing on a cellular level, affecting the very DNA of our bodies. Because it heals at this level, it is a healing that affects generations! I have had many sessions in the past two years, with profound results!" ~Renee Mysliwiec St. George, UT

"Transformational, spiritual, professional, amazing, fun, cleansing and healing. Feels like home." ~Martina Lebreton, Ph.D., Master Reiki Teacher

"The [RET] training is awesome. Each person needs to experience it themselves." ~ Naomi Barnash, MT

"My experience at [RET] training is much more than what I would have asked for. I have never felt so much love and freedom to be myself. I have received a miracle I never thought possible and my life has forever changed. My gratitude overflows, thank you." ~Jessica Burgess



If you have not yet experienced the power of RET, I urge you to find a RET technician near you today and find out for yourself what everyone is talking about. ~ Ranae Johnson, Founder

"The [RET] training was fast moving and great. Superb support, I learned so much. It was a must for me!" ~Linda Kilgrow, RET, Master Herbalist

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Now is the time to really GO for it!!

Daily - Visualize your Success 30 minutes a day, thinking of the person you wish to become ~ it's a simple technique that really works! Be, Do, Have...

Learn more from Skills for Living at <u>www.rapideyetechnology.com</u>



Real and Unreal

The unreal perceives separation; The real knows there is none; The unreal despairs, is lonely, worries; The real sees challenge for growth, creates solutions; The unreal creates drama, produces confusion; The real empowers, chooses to be happy no matter what. We need both to learn from. We need every step of the ladder. We can't get to the top without every step.