

HONOR & FREEDOM

Honor is defined as a high respect or recognition for what is happening. True honor and freedom is found from within. When we choose to honor the people and our experiences in life, instead of placing judgement, it creates a freedom to choose a higher vibration of joy. Honoring emotions gives us the ability to honor ourselves and others.

Learning how to deal with our emotions is a journey in which we get to discover how and why we react the way we do. Someone can be reliving the same experience over and over in different ways because of a traumatic event that happened to them at the age of 3 years old. When that event happened, a negative core belief was created that was dishonoring about their self. This creates a prison within ones self until the core belief is processed and the perception shifts. This allows the 3 year old self to see life as a safe place, safe enough to feel one's emotions, and be freed from the emotional pain of the past.

Rapid Eye Therapy is one of the safest and fastest ways to release the hurts of the past, re-pattern limiting beliefs, break the cycle of addiction and/or abuse, plus many more issues. Rapid Eye Therapy honors all parts of the mind/body system. RET utilizes the body's natural processing system to release pain on many levels of human experience. Any issue that causes stress can be released, the body retrained, and react differently through the RET process. Honoring ourselves by letting go and accepting the freedom to choose again, in a new light, is the greatest gift we can give to ourselves and others. Submitted by Christina Jenks, MRET



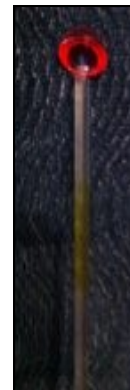
I am able to honor my life and the life of others. I am free to be whatever I choose to be.

WWW.RAPIDEYE TECHNOLOGY.COM

The Rapid Eye Institute

Inside this issue:

Upcoming Events	2
Did You Know...	3
In Loving Remembrance	4
Upcoming Trainings at The Rapid Eye Institute	5
Save the Dates!	6



SUMMER SALE!
Wands
Buy 2 Get 1 Free!
Sale ends
8/31/2015

Upcoming Events

EVENT	DATE	LOCATION	TRAINER/INFO
Chakra Series Chakra 6	July 13th, 2015	Logan, UT	Deb Spendlove 435-770-1136
Personal Power	July 16 - 20, 2015	Ontario, OR	Sara Kunz 541-235-6060 Eileen Mairs 541-212-6060
RET Skills for Life Class 1st Thurs night of every month Open to the Community/No Charge	August 6, 2015 7:00pm - 9:00pm	Salem, OR Rapid Eye Institute	Melanie Young Gentzkow 503-851-9824 Lynell Beckstrom
Inner Child Class Stage 5-6	August 8-9, 2015	Logan, UT	Deb Spendlove 435-770-1136
Rapid Eye Wealth	August 14-15, 2015	Bountiful, UT Gain the confidence you need to charge the money you're worth as a Rapid Eye Technician!	Sandra Baker 801-628-6788 Call Sandra for information and details
Chakra Series Chakra 7	August 17, 2015	Logan, UT	Deb Spendlove 435-770-1136
RET Master Level	Sept. 2-5, 2015	Salem, OR Rapid Eye Institute	Sharlene Young Lynell Beckstrom 503-399-1181
RET Skills for Life Class 1st Thursday Night of Every Month Open to the Community/No Charge	Sept. 3, 2015 7:00pm-900pm	Salem, OR Rapid Eye Institute	Melanie Young Gentzkow 503-851-9824 Lynell Beckstrom
Your Awakening	Sept. 17 - 19, 2015	Bountiful, UT	Sandra Baker 801-628-6788

[Link here for entire calendar of 2015](#)

Did You Know...

... Arthritis affects the joints with inflammation, pain and stiffness. The joints give us freedom of movement, so arthritis is connected to our innermost feelings about the movement we are taking, what we are doing within that movement, or the freedom of direction we are going in. There may be something we'd rather be doing or going somewhere different. This may create self criticism (stiffness), lack of self worth, fear, inflammation), and bitterness (pain). This can reflect a lack of self trust as well as a hardening attitude toward life. These feelings are about ourselves, but rather than being acknowledged inwardly they are usually projected outwardly towards others. The part of the body being afflicted with arthritis indicates further information.

The Bodymind Workbook
by, Debbie Shapiro.

Techniques to Honor & Release Pain

- ◆ Tap under the collar bone with both hands and state out loud, "I honor and release my anger (use any emotion here). I activate my joy and the direction my heart desires." Repeat several times until you feel a shift. Remember to breath, taking deep breaths and out through your mouth.
- ◆ Meditate to focus on what you would rather have in life than the pain you are experiencing. "Imagination is more powerful than fact" - Albert Einstein
- ◆ Essential Oils - Chamomile, Sweet Marjoram, Lavender, Eucalyptus, Peppermint, Helichrysum, Lemon, Rosemary, Clove, Sage, Veviter, Blue Cypress, Balsam Fir, Valerian. While you can use any of these oils on their own, it is beneficial to blend up to three oils together. Dilute first with a carrier oil such as olive oil, castor oil, coconut oil, etc. Applying a hot or cold compress after putting oil blends onto the skin will help penetrate deeper.
- ◆ Watch the "Quick Stress Relief Process Demo" on our website. RapidEyeTechnology.com/selfcare.htm
- ◆ Schedule a Rapid Eye Therapy or Reiki session!

Healthy Cell Growth CD

The process script utilizes medical terminology, emotions, beliefs and patterns to release the creation of the unhealthy cell growth. Reframing and resolving the exact conflict that created the original pattern activates and creates a matrix shift in the DNA / RNA for a new blueprint of healthy cell growth for the body to now follow.



Processing CD's to Release and Retrain



Golden Threads CD

An experiential imagery that connects you to the light held in your body and energy levels, which is your scared space, releases youthing chemicals and promotes PH balance. The process script unplugs the electrical energy circuits of unwanted patterns and core beliefs held in your system.



In Loving Remembrance

Joseph Johnson, husband to Ranae and father to 7 children, 20 grandchildren, and 9 great-grandchildren. He passed on April 11th, 2015 at his home with family around him. He will be missed more than we can express. The loss is great for me.

Thank Heaven for my children, grandchildren, and RET Tech's that have shown me such great support. Special thanks to Lynell, Sharlene, Christina, Vern, Rebecca, Melanie, Elma, Karla, Daniel, Dustin, and so many more. Thank you from the bottom of my heart for all the cards, money, and love that has been showered upon us. We truly are a RET family.

Thank you Joseph for all the support to everyone, especially me. Thank you for designing and building a beautiful place to live and heal. Thank you for designing the wand and all the support to Rapid Eye.

Faith

Faith marches at the head of life in progress

It's there in the freest governments

Standing with us, we see unlimited possibilities

Faith is there besides us when we fail

Faith elevates the soul, sustains dignity

Lends mobility to the commonest conditions of life

Picks us up, gives us an image of eternity.

- By Ranae,

in honor of Joseph,

who wanted us to all be happy for him and to go on with our lives.

UP COMING TRAININGS

At the Rapid Eye Institute

RET MASTER LEVEL

RET BASIC CERTIFICATION

ENERGY PSYCHOLOGY

Sept. 2-5, 2015

Cost \$850

Staffing Fee \$100

Certified RET Technicians may return to serve as staff or as a new student for any RET course they have previously attended.

Sept. 18-22, 2015

Cost \$4500

Staffing Fee \$100

Certified RET Technicians may return to serve as staff or as a new student for any RET course they have previously attended.

Nov. 4-7, 2015

Cost \$650 **Save \$150!**

Staffing Fee \$100

Certified RET Technicians may return to serve as staff or as a new student for any RET course they have previously attended.

TESTIMONIALS

“I went through RET Certification back in 1993 and I am amazed every time I come back & staff at how much I learn. I recently attended the Advanced Training. After taking this training I feel so confident with the scripts, wand techniques, and as a Rapid Eye Technician. Thank you Sharlene and Lynell for delivering such a powerful training. You both Rock!” Love and Light Copper

“I have found the information and training of this workshop (Energy Psychology) to be profound in understanding my own journey and human experience. It has been a tool of transformation and change. Awakening awareness of soul level information and the integration of that knowledge in every aspect of being. The training gives us additional tools and understanding as to better facilitate others in their journey. I recommend this training to all RET Technicians. Sharlene is a wonderful Master Teacher and gift of Spirit to draw upon.” - J.M.

“Learning how to do Rapid Eye Therapy has been the most profound experience for not only me, yet for my family and friends. Going through certification alleviated my fear of moving forward in my success. I have a successful business, living my dream of assisting others to create the life they desire! Thank you Rapid Eye for changing my life! - K.T.



THE RAPID EYE INSTITUTE

3748 74th Ave SE
Salem, OR 97317

Phone: 503-399-1181

Fax: 503-373-3606

E-mail: ret@rapideyetechnology.com

We're on Facebook!
Join today!



RET ENERGY PSYCHOLOGY

Reserve your seat now and save \$\$\$!

Come experience & learn to utilize RET skills,
with new additional wand techniques,
processing the developmental stages held in
your 12 Chakras!

Where: The Rapid Eye Institute

When: Nov. 4-7, 2015

Cost: \$650 **Save \$150!!!**

Contact Sharlene Young 503-851-4574



RET Leadership Immersion...SOULS WITH STAMINA

Plan for Next Year - June 18-25, 2016

Held in Salem, Oregon at the Rapid Eye Institute.

This course is very experiential and provides you with skill training in releasing triggers and negativity...it's about Growth!

Facilitators: Lynell Beckstrom and Sharlene Young

Cost \$1500 for all 8 days, \$400 if you are an Alchemist or SWS Grad.

Contact Lynell for further information 801-856-1631

