

Rapid Eye Institute Newsletter

Inside this issue:

Insights from Ranae	2
Did You Know...	2
News from Heartway	3
A Gift from the Rapid Eye Institute	4
New Manuals and CD's	4
RET Healthy Cell Growth Effective on Animals	5
Clearing Your 12 Chakras Workshop	6

* To submit articles, please send in by the 10th of the prior month. It may or may not be used. We reserve the right to edit articles.

Stress Awareness

April has been declared National Stress Awareness Month.

The intention is to broaden the awareness of the effects of stress and what it does to our mind/body system with methods of prevention and healing.

There have many long term studies done on what exactly stress does to our mind/body system, and the damaging results to the body's functions on all levels.

As the pace of society continues to accelerate, the incidence psychological stress keeps climbing. Stress is not just an annoyance. It has been linked to diabetes, ulcerative colitis, weight gain/loss, atherosclerosis, high

blood pressure, and other serious conditions.

When the mind/body experiences a stress response, it temporarily abandons its long-term building projects such as growth, tissue repair, immune function, etc.

Instead it floods the blood stream with glucose, protein, and fat from the reserves in the liver and fat cells. Heart rate, blood pressure and breathing rate skyrocket.

These responses could save your life by giving you extra speed or strength if you were in a life threatening situation. The problem is these responses occur in situations such as getting stuck in traffic, an argument, etc. when

it's not life threatening.



Research on both animals and humans suggests four effective strategies for limiting the toll taken on by chronic stress.

1. A Sense of Control
2. Predictability
3. Having an Outlet
4. Contact with Others

Rapid Eye Technology is an effective method of stress relief that encompasses the four strategies, along with many others. Reduce your stress by calling a RET technician today!

Insights from Ranae

Thought is very creative. Consider the possibility that while we are busy creating heaven on earth for ourselves, that we also call in Heavenly beings. They come in open portals from our intentions. It is important that we call only the 100% pure light beings. Then just maybe the light will get lighter. The light will get lighter or the dark will become darker, depending on what energy we are sending out.

It stands to reason that we must change or rewire our bodies to exist in a higher consciousness. Maybe that is why we have so

many aches and pains as human beings. Many of our loved ones are leaving this side of the veil as the re-wiring occurs. It is my belief that they are simply given a different calling, they haven't gone far.

There are new synaptic pathways of communication that are shifting in our brains, many will feel alone and unsettled. The energy or the illusion of that energy will



Ranae Johnson, founder of Rapid Eye Technology and owner of the Rapid Eye Institute

soon shift as we move into harmony and rhythm with all things or synergy.

This synergy will replace competition with working as a unit or team. We are all learning to operate from our hearts, to honor an care for ourselves and be thankful to our creator.

These are some of the things being experienced out in the world that causes us to think.

The magic will come in our remembering.

Did You Know...

- Stress has the same effect on animal's psyche and organs as it does on humans.
- Our environment has an effect on our subtle energies and body.
- Feng Shui may direct energy in our environment to create peace and balance.
- Feng Shui is the Chinese art of living in harmony with your surroundings.
- Tapping your thymus stimulates all of your energies, boosts your immune system, and increases your strength and vitality.
- Aspirin reduces colon cancer risks.
- Patching your right eye may reduce stress.
- Visualizing a place outdoors where you feel safe and undistracted, paying close attention to the details, assists in reducing

"In our daily lives, we must see that it is not happiness that makes us grateful, but the gratefulness that makes us happy."

-Albert Clarke

- stress.
- Every thought we think is creating our future.
- Thoughts are only thoughts, and can be changed.

News from Heartway

Weird Shift Weekend: We are already taking reservations for Weird Shift Weekend! This Alchemist retreat is open to all Alchemist alumni, and it will be held again in Lava Hot Springs, ID. The dates are May 2, 3, and 4, 2008. Please contact Lynell as soon as possible if you are planning on coming. We are only taking a limited number this time.



Rapid Eye Technology Refresher Course: This is your opportunity for training above and beyond what you got in your original RET training. Even if you are a regular at staffing RET trainings, this course will give you information and individualized attention you couldn't get from staffing.

Dates: Wednesday, April 9th and April 16th. Both evenings are part of the class.

Time: 6:00 – 10:00 p.m.

Cost: \$125 total for both evenings

Alchemist Group 11: It is hard to believe, but we are already having people sign up for the next group of Alchemists. The next series begins October 2008, and the class is already filling. Please let Lynell know if you are planning on taking this class. Remember, Alchemists fulfills all your continuing Education requirements as an RET Tech.

For additional information on any Heartway training, please visit our website – lheartway.com.

“ONE DOESN'T HAVE TO BE HOLY AND HEALED TO EXPERIENCE DIVINE GUIDANCE. IN FACT, SUCH GUIDANCE OFTEN COMES AS A RESULT OF PAIN AND PROBLEMS... WHEN THINGS ARE COASTING ALONG SMOOTHLY, WE DON'T NEED GUIDANCE. THE SUDDEN FLASHES OF INTUITION AND DREAMS WE HAVE IN OUR DARKEST HOURS, HOWEVER, ARE CAPABLE OF RENEWING OUR LIVES, CHANGING OUR COURSE, AND MENDING A BROKEN SPIRIT.”

-JOAN BORYSENKO

A Gift from The Rapid Eye Institute

April is the National Stress Awareness Month and Rapid Eye's focus is to open our conscious awareness of our spiritual

learning by releasing stress.

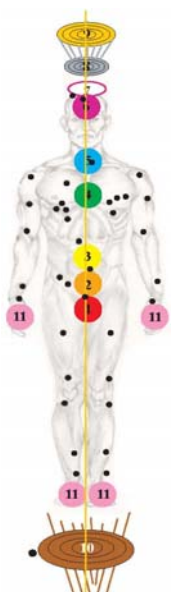
The paraliminal CD **"Transform Your Spiritual Purpose"** is designed to process

your current patterns, beliefs, and feelings allowing you to create what you'd rather experience.

As a gift, the RET Institute is offering this



Paraliminal Chakra CD: Transform Your Spiritual Purpose



Release & Retrain

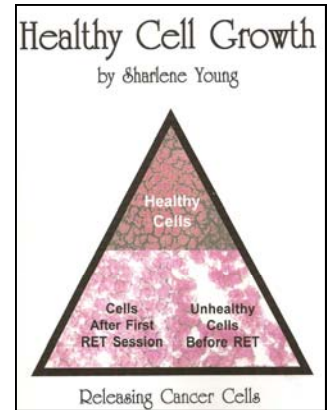
Release and Retrain Your Energy System manual/CD, is an experiential guided imagery, and is combined with a release script for the function of each energy center. Retraining is designed to shift the matrix of the DNA / RNA to create a new blueprint for what you would rather experience in each chakra energy center.



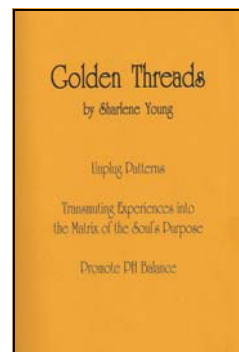
CD **FREE** when you purchase 3 of the following CD's or Manuals.

1. Healthy Cell Growth
2. Golden Threads
3. Release & Retrain

To order, go to www.rapideyetechnology.com, or call 503-399-1181.



The Healthy Cell Growth Manual/CD is a session that identifies the very first time a sudden shock trauma experience was imprinted into the system, creating the unhealthy or cancer cells. The process script utilizes medical terminology, emotions, beliefs, and patterns to release the creation of the unhealthy cell growth. Reframing and resolving the exact conflict that created the original pattern activates and creates a matrix shift in the DNA / RNA for a new blueprint of healthy cell growth for the body to now follow.



Golden Threads Manual/CD

This process script unplugs the electrical energy circuits of unwanted patterns and core beliefs held in your system. It utilizes the golden threads of the hara line to access the negative beliefs and experiences and realigning them to their spiritual circuitry, to create what you would rather experience. This session promotes ph balance and realigns the 8 original cells.



Sharlene Young and Pat Hill giving RET session to Sultan.

Sultan is a 3 year old Arabian gelding who has had a history of abuse during his training/breaking in August 06'-July 07'. His new owners contacted Sharon Walters, MRET in hopes of healing his behaviors of biting, rearing, and over all nervousness and anxiety. One of the owners of Sultan received a Rapid Eye Session, processing Sultan's issues through proxy. The horse responded well with noticeable differences.

Sultan's next 3 RET sessions were processed in person, along with a team of 5 Master Rapid Eye Technicians, Pat Hill, Sharlene Young, Sharon Walters, Judy Hudspeth, and Poppy Olson. Sultan was experiencing pain in his left rear leg, and was unable to lift it for shoeing. His owner Michelle was unable to get on him to sit or ride. The RET techniques and processes used in these sessions were

RET Healthy Cell Growth Effective on Animals

Healthy Cell Growth, Golden Threads, Light Birth, Release & Retrain, and intuitive energy healing.

After the second session, Michelle was able to lift his left rear leg and get on him and sit. Sultan remained calm and content.

At the end of the third session, it was evident that his leg was much improved, as Michelle could easily lift his leg and hold it up. The next day, Sultan allowed Michelle to ride him. He will continue to have sessions and positive reframe to retrain his behavior. Both owners are elated at the rate of success with Sultan's improvement.

A Healthy Cell Growth RET session identifies the very first time a sudden shock trauma experience was imprinted into the system, creating the unhealthy and/or behaviors. The process script utilizes medical terminology, emotions, beliefs, and patterns to release the creation of the unhealthy cell growth or behavior. Reframing and resolving the exact conflict that created the original pat-

tern activates and creates a matrix shift in the DNA / RNA for a new blueprint of healthy cell growth for the body to now follow. Rapid Eye Technology simulates REM sleep by a pattern that the brain is familiar with. At the core of each RET session, we are focusing and directing the client to go to the cause, to whatever the stress or disease is, to resolve what happened, and then reframe to create what they would rather have.

It is our intention to continue to release trapped trauma and stress that creates unwanted behaviors both with animals and humans so we can experience and live the life we desire!

For further information, go to www.rapideyetechnology.com www.animalbehaviorandchange.com



Rapid Eye Institute

**581 Lancaster Dr. SE #270
Salem, OR 97317**

Phone: 503-399-1181

Fax: 503-373-3606

ret@rapideyetechnology.com

[Rapideyetechnology.com]

**“ IF YOU CONCENTRATE ON FINDING
WHATEVER IS GOOD IN EVERY SITUA-
TION, YOU WILL DISCOVER THAT YOUR
LIFE WILL SUDDENLY BE FILLED WITH
GRATITUDE, A FEELING THAT NUR-
TURES THE SOUL.”
-RABBI HAROLD KUSHNER**

Clearing Your 12 Chakras Workshop coming to Mesa, AZ!!!

- Experience stepping into your energy centers and auric levels to identify how you've been creating your patterns.
- Release & Retrain your energy fields with additional tools and techniques.
- Shift the matrix in your DNA/RNA past, present, & future.
- Give & receive Chakra RET Sessions with additional Manual & Scripts.
- Identify core beliefs and negative definitions that create unwanted patterns.
- Recognizing energy that isn't yours and how to process it.
- Improve your RET skills by learning new techniques to clear your own issues and your clients.
- Clearing Your 12 Chakras Workshop fulfills your Continuing Education Requirements for being a RET Technician.

Location: Mesa, AZ

Dates: May 14-17, 2008 9am-6pm daily

Cost: \$800

Schedule a Chakra Class in your area!

**Facilitated by Sharlene Young, RET
Master Trainer**

**To Register, call 503-851-4574 or go
to www.chakraclearing.com**