

Rapid Eye Institute Newsletter

Rapid Eye Technology
A natural, safe way to release stress and trauma

Volume 11, Issue 1

Words Affect Our DNA

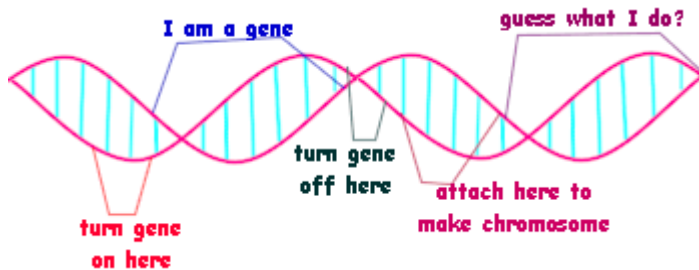
The words we speak affects or direct our cells to respond or create what we are talking about. Quantum studies have

used a dialogue of negative phases to measure noticeable differences in the DNA.

The DNA stretches shriveled and shrank when the negative dialogue was played. When positive dialogue was played the DNA stretches elongated and returned to the original form.

The DNA is organized into stretches of genes, stretches where proteins attach to coil the DNA into chromosomes, stretches that "turn a

gene on" and "turn a gene off", and large stretches whose purpose is not yet known to scientists.



In Quantum Healing, Dr. Chopra says, "You may not think you can talk to your DNA, but in fact, you do it continually," For instance, if a person is always saying, "I'm sick and tired of...." they shouldn't be surprised if they are tired a lot or become sick.

Our words direct our energy to create what we speak about, so.... Let's

direct clearing of what we don't want into healing for what we do want. The following clearing script is for healthy cell

growth. Read the script for 21 (21 is a completion number) consecutive days for optimum healing affect.

21 Day Clearing Script for Healthy Cell Growth

(Pattern of Cancer)

Draw an imagery clockwise circle (with your hand), in front of you that represents the sacred space that was created for your spirits journey of the human experience.

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* To submit articles, please send in by the 10th of the prior month. It may or may not be used. We reserve the right to edit articles.

-Thanks.

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Insights from Ranae

Being Peace In a healthy fully functioning individual, an emotion comes and then goes really quickly. Our joy comes from a state of being where triggers are forgiven through RET sessions.

Being well grounded assists you to be aware of hidden emotions. Lingering emotions lower your frequency and attract similar frequencies. Forgiveness is a daily experience.

Doing our personal work with Rapid Eye, releasing old traumas and forgiving offers less resistance for living in the now. Be-

come fully present and well grounded. Your reward will be peace and stillness. You then can contact your inner self. Remember before you enter your inner temple, "forgive".

Being fully present is to access pure consciousness. Your inner body or higher self is the link to matter unorganized or unmanifested energy. Here we remember our wholeness, our origin and can begin to contact our Source of 100% pure light.

You are more than your

body, more than your mind or ego. Ego's needs are endless, free of fear and want. You are more than your pain or dysfunction. You are more than your habits or riches. You are not the victim of the past that you think you are.

We all can live in the now, as it is the only reality.

Love & Light,
Ranae



*Ranae Johnson,
founder of Rapid
Eye Technology
and owner of the
Rapid Eye Insti-
tute*

Did You Know...

- Tapping over your thymus gland stimulates all of your energies, boosts your immune system, and increases your strength and vitality. It is located a couple of inches below your collar bone, in the center of your chest.
- Tapping your K-27's points (right underneath your collar bone) helps release stress and emotional energy.
- Breathing and focusing on colors changes the vibration within your mind/body system.
- When you patch one eye, it shifts the way you are perceiving your current situation because you are viewing it from a different part of your brain. Eye patching helps you to shift patterns.
- Your electrical systems within your mind/body system require being grounded to the Earth for optimum well being. (See pg.4 for example)



Available for purchase at
www.rapideyetechnology.com

RET Retreat at Lava Hot Springs

Now is the time to finalize your plans for the Rapid Eye Retreat August 29-30, 2008. THERE IS NO CHARGE FOR THE RETREAT.

This retreat is for everyone, whether you are a technician or not! It is for your families and friends, bring the kids! It is a chance to hear some awesome speakers and relax in a healing environment.

The Institute has rented the whole Aura Soma Lava Conference Center and hot spring pool just for all of us!

Speakers

Ranae Johnson, Founder - The Upcoming Exciting Future of RET

Sharlene Young, RET Trainer - Energy Psychology

Lynell Beckstrom, RET Trainer - Cognitive Repatterning and Growth

Lynette Butcher, RET Trainer - Spiritual Coaching

Keynote Speaker: Dr. Trent Burrup -- Being a Healer and Light worker with Balance

There are fun filled activities off the retreat conference center site!!!! Water slides, other hot springs, water rafting, and hiking are a few of the choices available. The local shops are a must to visit, and much, much more, come and experience it for your self.

There will be plenty of free time to relax with a bonfire on Friday evening! The facility has its own hot-spring pool that is very large, as well as plenty of grassy areas for those of you that want to pitch a tent. You can use the conference center for bathroom facilities. It's just beautiful with a creek and trees. You may bring a blow up and sleep in the conference center for free Friday night. There are three bathrooms with a shower each, so you'll have to plan to be up early and ready! There are also RV spots for rental. Or use the information below and get your own room!

Food: The food will be catered by Alchemist Dan Peterson from The Golden Corral for VERY reasonable rates, so plan to eat together lunch and dinner on Friday and breakfast, lunch and dinner on Saturday! Breakfast \$6, Lunch \$7 and Dinner for \$8 or a flat fee for Saturday of \$15 for all three meals! Isn't that GREAT!?! We need your RSVP so we know how much food to purchase. Please call Lynell Beckstrom and let her know how many people will be coming with you. 801-856-1631.

Suggested Lodgings: Lava hotel rates range from \$40 to \$60 a night. Oregon Trail Lodge: 208-776-5800, Home Motel: 208-776-5507, Riverside Hotel: 208-776-5504, Lava Hot Springs Inn: 208-776-5830, Easy Living: 208-776-5477, River Bridge Inn: 208-776-5530 Lava Spa: 208-776-5589, Royal: 208-776-5216, Port Inn: 208-776-5050.

Directions to Lava Hot Springs, ID: From Salt Lake City Take I-15 towards Malad, ID to Exit 47. Turn right and follow Hwy 30 into Lava Hot Springs. See mapquest.com for more details.

Call Lynell Beckstrom 801-856-1631 if you have question about the retreat, or email retlynellb@aol.com.

Words Affect Our DNA

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With intention your spiritual energy occupies your sacred space or column of light flowing from 100% highest truth of who you are and where you are from around and through your physical body, out the bottoms of your feet, it continues to flow through a space about 18 inches below your feet, to your spiritual space in the center of the earth. Physically move your body into the center of the circle of your sacred space. Take some deep breathes into the bottoms of your feet, sense how your space feels. Make yourself comfortable as you stand, sit, or lay down in your sacred space, as you read this clearing script out loud.

100% true Spirit go to the true original number one, the very first time to find the cause or reason for these beliefs and feelings of depression, loss of self, resentment, and the pattern of cancer. Allow my 100% highest spiritual self to unplug the circuits of the first cause of this pattern and every similar experience to be released it in it's proper order, time, and sequence from each of my systems. My physical, emotional, mental, spiritual, physic, dimensional, parallel dimensions, past, present, future, future present,

past, in all layers, levels to resolve the exact conflict permanently, to complete my souls learning and plug each of my systems into 100% spiritual blueprint, filled with light and love to 100% highest truth of who I am.



I call home any of my life force energy that my have been stuck in those experiences to 100% true light to be returned to me. I now feel the divine presences of self love and self acceptance. I love life. I chose to let go. I am able to feel happy and complete.

Add your own positive feeling statements.

Thank you Spirit for assisting me in completing my Souls creation, it is done, it is done, it is done. And so it is.

Grounding Come back into your own energy in current time and space. Place your tongue on the roof of your mouth and press your fingertips and thumbs together for about 30 seconds, focus your en-

ergy flowing out the bottoms of your feet, continuing to flow through a space about 18 inches below your feet, to your spiritual space in the center of the earth to fully occupy that space. Then put your hands together to close all portals and dimensions.

State out loud "It is my intention to be in my complete circuit of energy, my column of light, in current time and space. I am allowing others to be in their own energy in current time and space."

By stating your name and what year it is out loud, this fully brings you into current time and space.
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Written by Sharlene Young,
RET Master Trainer, Reiki Master
Teacher/Karma Nu, Individual-
ized Energy Studies

This Clearing Script is a powerful, additional healing tool to send home with your RET clients after they have experienced the Healthy Cell Growth Chakra RET Session.

This material is copyrighted, but you have my permission to share it as long as the proper credit line is included.

Words Affect Our DNA Clearing and Healing Scripts is a new RET Chakra manual by Sharlene Young.

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Health is not the absence of a disease. It's an inner joyfulness that should be ours all the time—a state of positive well-being.

DEEPAK CHOPRA

BPA Human-Health Effects

Many companies use Bisphenol A, (BPA) an industrial chemical, to make polycarbonate plastic and epoxy resins. It is used to make light weight, heat resistant plastics, and also used to make durable epoxy liners for cans. So, it can be found in bottled water, baby bottles, sippy cups, formula cans, canned food, etc.

Containers made with this chemical leak small amounts of BPA into whatever it is storing inside it. Research has shown that when exposed to heat, it leaks BPA 55 times faster. A good example of this is leaving a water bottle in your car, letting it heat up, and then taking a drink to quench your thirst.

BPA is known to mimic female hormones and alter endocrine function. Endocrine-disrupting chemicals can duplicate, block

or exaggerate hormonal responses. These hormones control the development of the brain, the reproductive system and many other systems in a developing fetus. Exposure to BPA in the womb raises the risk of certain cancers, hampers fertility and could contribute to childhood behavioral problems.

Studies have linked BPA to weight gain, abnormalities that can lead to breast and prostate cancer, brain damage, abnormal organ development, and hyperactivity.

A lot of companies are starting to not use the synthetic chemical in their products due to consumer demand and this is a great step in protecting our health. You can make simple switches like using a stainless steel cup for drinking or use a glass bottle for feeding your baby to avoid exposure to BPA.



Ninety-five percent of Americans were found to have the chemical BPA in their urine in a 2004 biomonitoring study by the Centers for Disease Control and Prevention (CDC).