

RAPID EYE INSTITUTE

Tools of manifestation

Jan - Feb 2010

RAPID EYE TECHNOLOGY

Love is the Answer

On Valentine's Day most are thinking of cards, flowers and chocolate. Let's go to a different place this year. Why would we (humans) have **love** as one of our experiences in this life? Just to make us feel good? Just to make others feel good? Yes to both of those and yet, there is more. Love is the ultimate power – we all just want to love and be loved. It can change just about anything including the colors and brightness that we perceive on any given day.

When we have a power and don't consciously acknowledge or use it, we might as well not have it. Kind of like those tools tucked so far in a drawer they are never in our view, or a blouse

with the tags still on it that just doesn't feel quite right when we put it on. Love can move mountains, engage people and stop wars.

As we go through life, we stumble upon the need for resolution again and again. This can be at work, in a personal relationship, with family or friends, or even at the grocery store in the check out line. Our energy as human beings is so strong that when we are not giving or receiving love, others feel it, taste it, sense it and know it. So, as we stand around the water cooler at work *not liking* Linda, she feels it. She may not be conscious of it – yet it directs her responses and comfort level....(Continued on page 3)



Claudia Bianca, MRET /Trainer

Hearts that give, gather...



Encodings of Light By Paula Bronte

Are you ready for a new tool to help build your business, increase your sphere of influence and impress your clients? Let me introduce to you Encodings of Light.

I first began using this technique

for myself and soon began "prescribing" it to my clients to use, as an assignment, between sessions. I found my business growing rapidly and my clients processing even more profoundly than usual.

This technique, brought to us by author Anold Lane, is remarkably similar to RET. It follows the pattern of release and reframe with an emphasis on the deeper nuances of the psyche.

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Special points of interest:

- The ways of nature and knowing the facts
- True accountability asks us to look at our own energy
- Main areas to set goals
- Have resources on hand for your clients
- Create your vision board!

By Melanie Gentzkow, MRET



The universe is set up to give us what we ask for.

4 Main Areas to Set Goals:

- Physical
- Relationship
- Business
- Contribution



Like energy attracts like energy.

Keeping our thoughts on track and holding ourselves accountable will increase confidence on many levels. One way to achieve our goals is to have a very clear intention of what you want and visualize that life. It's important to have a clear intention of what you want. If your business isn't doing what you would like it to, focus more on what you want to see show up. Once you make that intention clear, the universe will get to work to make that happen. Eliminate negative thoughts about yourself. If you find yourself experiencing negative thoughts, immediately rephrase it by saying what you'd rather have. Think of "It's happening", "People are coming into my business, ready to heal", and most important "I believe in me". Make sure that the people and experiences in your life are positive and inspiring. Having confidence and seeing the task in front of you is key to your success. When you think and talk about your goals it will become your actions. We create with our language so when you're describing the world around you, you're creating the world around you.

- Make an action plan with guide posts—see the end result rather than focusing on how to get to A and B.
- Build a vision—see yourself fulfilling that vision, be that person. Feel what it would feel like to achieve goals.
- Believe you can achieve your goal by building a bridge to belief—be conscious and really cultivate the faith by experiencing success.
- Release all fear. The universe always guides to the highest good. Ask spirit to help you. We are meant to create miracles, find the courage to believe you can.
- Stay in your heart, it is the seat of your soul. When you truly center in the heart, there is no fear. Get out of the head and into the heart.

Did you know ...

- Peace and Calming is attained when we learn to just notice things without reacting, we just act.
- Exciting things are always happening at the Rapid Eye Institute. For more details visit the web.
- Persistence always wins.
- Enthusiasm and passion is the secret of success.
- Giving is a huge part of manifesting.

Love is the Answer, Cont'd...

as surely as if we'd said "I don't care what you have to say in meetings. In fact, I wish you'd just not say anything so we can get out of the meeting quicker." That feeling of dismissal is just as palpable as if it were stated out loud. Now take this into personal relationships and marriages...we may not be saying it out loud, yet our partner withdraws, sulks, or lashes out in anger in response to our

energy of judging and comparing. True accountability and responsibility asks us to look at our own energy and be personally responsible for that. We cannot see something in someone else that we don't also see in ourselves. Since we can't change others, our work is clear. Work on ourselves and it will smooth our journey.

How do we come to resolution when the walls

seem huge, the gap is growing and the communication is non-existent? Love is the answer. Take your ultimate power and find a way to re-love the event, person or experience and it will shift. If you experience anger or withdraw when faced with the need for resolution, book a Rapid Eye session to let go of the emotional charge. Once free of the 'hook', you will be able to move around the incident

and perceive it from a different place and create the opening for resolution.

From their RET sessions Clients report:

- immediate benefits
- a new perspective of life events
- feeling relaxed, yet energized
- self empowerment
- new life skills

<http://rapideyetechnologytraining.blogspot.com/>

We have four new people doing
Their internship for train
the trainer! Congratulations to:

Debbie Spendlove, Utah

Julie Johanson, Utah

Sara Hoffman, Oregon

Eileen Mairs, Oregon

Grow Professionally
Prosper Financially
Thrive Personally

~**BLOG to advertise**

~**Professional Website**

~**Chamber of Commerce**

~**Have Testimonials**

Dedication , Determination and Desire!

In every
moment, let
your thoughts
send a positive
message to
yourself, to
those around
you, and to the
world at large.

~Ralph Marston

Encoding the Light (cont'd...)

I invite you to try for yourself.

I'm sure you will be excited about sharing them with your clients. For a discounted price order directly from

Anold's website:
www.encodingsofLight.com

You can also stock a few and sell them to your clients at retail price.

The following excerpt is the

introduction to Encodings of Light and offers insight into how and why the process works.

The first time I experienced Encodings of Light I realized I was being introduced to something truly remarkable. This process strengthens and deepens our creative powers, breathing life into our intentions. Use of the encodings opens us to unlimited possibilities. They also

animate and thereby maximize the power of intention through a balanced union with the physical body.

Anchoring in the desired encoding sparks the kineshetic beginnings of our communication between heart and mind, body and soul, physical and etheric. Thus, the physical realm where our intentions manifest becomes ignited with the electro-magnetism of this process.



Paula Bronte, MRET
Seattle, WA.
Author of "A Call to Mastery"

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A licensed Vocational Career School

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The Rapid Eye Technology (RET) model is a holistic, spiritual healing technology that works to release pain on many levels of human experience.

Through positive affirmations, Skills for Life, and body learning we create new belief systems, which then take the place of the trapped traumas that are released. RET encourages people to embrace the active awareness that they are self-empowered, fully functional, loving and caring individuals who are connected to and exhibiting their highest potential.

Trapped trauma residues, distorted belief patterns and unwanted emotions are the obstacles that prevent us from experiencing this great intelligence - this magnificent light. You have the power within you to transform and create the life you want, once you are aware of it.

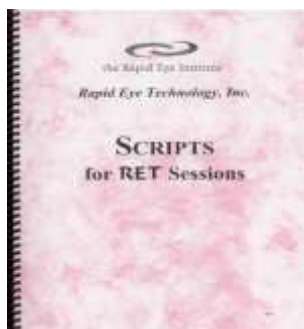
Rapid Eye Technology is a tool that facilitates the lifting and clearing of old programming that keeps you blocked from this awareness, and helps you create new patterns supportive of the NEW YOU you wish to create.

Tools for you at the Rapid Eye Institute Store

This book includes EVERY RET script and process. Have ALL the RET scripts in ONE easy to use book. Comes complete with a table of contents so you can easily find the script you wish to use.

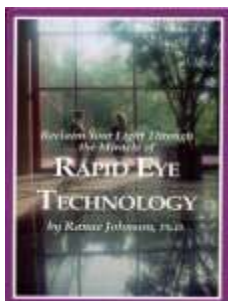
Simplify your practice.

Visit online for more



useful tools.

A practical guide for self application of the 7 universal principles. simple, easy tools to get these skills into your everyday life.



Have materials on hand for your clients to purchase.



Eye Patch to shut down the L mode in the brain when heavy emotion comes up.



The Voyager Mind's Eye Mind Machine is a powerful tool for personal growth and expanded mental awareness. It gives you a full light spectrum in every cell of your body. We use it with Rapid Eye for energy, relaxation, and creativity. Great with CDs.

Insights from Ranae



Life's expectations and stress

are heave to weather
they serve only to bring
us all
closer together.

The most
important thing
in life is to learn
how to give out
love, and to let
it come in.



My mother tells the story of when she was 12 years old and her dad lost his job in the coal mines and they had to return to his father's ranch until he was able to find work again.

Grandpa soon had us each assigned to chores. "Everyone works and does their share to support the family," he would say. My job was to feed and water the chickens, gather the eggs, and watch over the sitting hens. The sitting hens were hens that sat on eggs until they hatched into baby chicks. One day I was riding my horse Peacock near the pond. I stopped to go for a swim. I noticed a nest of duck eggs without a mother duck to keep them warm. I waited until very late and the mother duck never returned. They would not survive the night so I carefully wrapped the eggs in my jacket and returned home with them. Grandma said to put the eggs under the sitting hens and they would raise them as their own.

That night when the chickens were roosting, we placed the eggs under three sitting hens. I checked them daily to see if they had hatched. Just when I thought they never would, the chickens and little ducks began to peck their way through the shell of the eggs. Grandma was right; the hens treated the baby ducks as their own. One day, the hens led their brood down to the pond. The baby ducks immediately ran to the water and jumped in. The mother hens called and called and raced frantically along the shore, but the ducks stayed in the water, and finally the hens and chicks went on their way.

I tried to watch over the baby ducks but many of them fell prey to the hawks and seagulls. I cried a lot and felt very angry at the hawks and seagulls. My grandpa explained to me that this is the way of nature. God's creations both man and creatures are not their behavior, they are much more. He said I should get to know the hawks and seagulls better. It is important not to hate something or someone before we have all the facts. My grandma and grandpa's words live on increasing my growing awareness. The real battles are fought within us; we must care about something greater than ourselves to be truly happy. We get to face life or give up to it. Grandma always said, "Always treat your family nice for they will be the ones there for you in the end. Remember the grass is only greener somewhere else because they water it more. The gold is always right in our own backyard."

Love and Light,

Ranae

What kind of life are you attracting? By Ralph Marston

What kind of life are you attracting to yourself with your thoughts? Is it a life of peace, serenity, positive achievement and fulfillment, or a life of stress, disorder and disappointment?

I imagine that each thought is a powerful magnet, attracting to your life whatever that thought contains. Consider that you have thousands of thoughts each day.

Thoughts of worry and despair bring to you those negative things about which you are so worried. Thoughts of positive possibilities, on the other hand, bring you the opportunity to make those possibilities real.

Do your thoughts of others attract interesting, loving, caring, generous and helpful people into your life? Or do you think the worst of everyone, and then watch as those thoughts are played out in the experience of each day?

Your thoughts continuously send powerful messages to life about what you expect from it. What kind of messages are you sending each day?

In every moment, let your thoughts send a positive message to yourself, to those around you, and to the world at large.

You'll attract to yourself the best that life has to offer.

Page 6...

[Focus on your life.](#)

[Be Present.](#)

[Love Unconditionally.](#)



Create a vision Board on manifesting your goals. Manifesting your goals can be anything from losing weight, getting a raise, or increasing clientele. Everyone has goals they want to achieve. Creating a vision or dream board can help identify and clarify your goals. The pictures can help bring the feeling you'd like to have when achieving the goals. Using a vision board to focus on your goals is a simple technique to help you achieve them.

A vision or dream board is a visual representation or collage of the things that you want to become or do in your life. It is a simple, yet powerful, tool that activates the law of attraction to begin manifesting your dreams into reality. The idea is that when you surround yourself with images of what you want out of life, your life changes to match those images and desires.

The idea of the vision board has been around for decades, but interest in the concept was renewed after talk show host and media mogul Oprah Winfrey acknowledged that she collected pictures and created a vision board showing Illinois Senator Barack Obama winning the Presidential election.

Before you create your vision board, sit quietly and ask yourself what it is you really want. With a clear vision in mind, turn on some soft music and begin creating your vision board. When creating your vision board it is important to not only create it, but actually use it. Don't just look at the pictures on your vision board; take a minute and really FEEL the images. Think of what it will feel like when the pictures on your vision board actually become a part of your life. FEELING is what makes vision boards work.

By Melanie Gentzkow, MRET

Visit the Rapid Eye Website for more ideas on visualizing and creating your dreams!!!

Much has been written about the Law of Attraction. I think the movie "The Secret" had a lot to do with that as well. When we are self-empowered, we feel inspired. Being inspired and in a sense of inspiration, can actually change lives and in many cases actually create miracles. I could write chapters around each of these quotes, but for now.

Here Are 10 of The Best Law of Attraction Quotes I Have Collected:

- 1 - "Have an Attitude of Gratitude in all that you do."
- 2 - "Energy flows where attention goes."
- 3 - "Do not give others the chance to create your happiness."
- 4 - "Success is something you attract."
- 5 - "Wherever you are, be there."
- 6 - "Don't leave the game unplayed."
- 7 - "Stand tall in your own eyes."
- 8 - "Don't major in minor things."
- 9 - "Language, it says a lot about you."
- 10 - "To have more, you have to become more."

At the very heart of the Law of Attraction are a few major principles. Your Attitude of Gratitude is that reciprocal energy force at work, you get what you give. Be grateful daily for the smallest of things. Give to others easily and receive things with greater ease. Giving and receiving are energy forces at work. Just look to nature, the sun and rain gives way to growth and prosperity. Giving and receiving is that reciprocal energy force I mentioned.

Your emotional intelligence keeps you calm and grounded. Your level of empathy and compassion are the heart and soul of you emotional intelligence. If you don't feel empathy and compassion for others on a regular basis, your EI needs some work and the Law of Attraction works best with a strong emotional intelligence.

Clarity and focus, knowing what you want, and being able to articulate the details. If you desire a new house, new career, weight lose, more money or a new relationship. Paint a picture, fill it with all the details. Paint a picture with words first, and you'll really start to see what you want. Seeing it clearly is important. And remember, the focus is only on what you want, never on what you don't want. Any negatives must be removed from this process. Everything in your picture has to be positive. It's easy to have random thoughts of what you desire, however, it's best to create real pictures of those things. Then you can look at your pictures and the focus becomes very very clear.

In short, the Law of Attraction works best when using actual pictures of the things you desire most!

Your Action Item Today: Do what I do! Start collecting the pictures of the things you desire most. Your Law of Attraction Pictures will keep you very focused and inspired. Actual pictures will focus your energy, and that's exactly what we need for the Law of Attraction to manifest quickly!

Dear RETs,

Just a reminder that the RET Forum is for RETs ONLY and contains all kinds of useful information for you. It's also a great place to post questions, discuss things, read about current research in the field, share scripts and images, share marketing tips, and more. If you've not yet joined, just go to <http://rapideyetechnology.com/forum> and register. PLEASE - use your real name instead of a pseudonym - nobody outside the forum can see the name you use, so you don't have to hide behind a fake name - and it makes it so much easier for us to identify you and approve your membership. Once you've joined, remember your login info so you can return and check on new stuff there. If you're already a member, check back in now and then - and, please, SHARE.

The RET Forum is one place you can go to find pertinent information useful to your RET practice - information you can get nowhere else. I encourage you to take advantage of this resource.

Note: you do not have to hold a current RET certificate to join and participate in the RET Forum - I encourage you to renew your certificate anyway - just call Ranae today (503-399-1181).