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Rapid Eye Institute Newsletter

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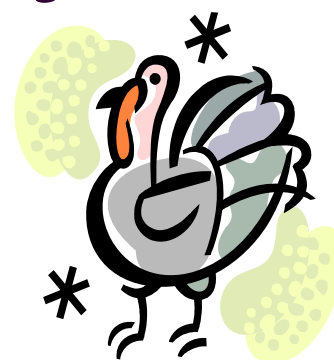
Happy Thanksgiving

We all have lots to be thankful for this past year. Rapid Eye continues to grow and spread across the planet. We have enjoyed meeting people from Ireland, England, South Africa, Canada, and Australia. Nearly every state in the union was represented this year in our Rapid Eye Certifications.

Many of our technicians have reported to us that they have more clients than they can schedule, and are referring to new technicians. The most exciting thing of all is

the hundreds of clients that are healing and having their life changed for the better across the world. We are very grateful for the amazing work all of our RET Technicians and RET Trainers are doing.

Many of our clients are suffering from ill health. Doctors and medicine have failed them in many cases. Rapid Eye offers great hope because it brings the body back into balance where healing can occur. We're all excited about the new Amalaki, a



health rejuvenator combined with herbs as part of the Ayurvedic Medicine from the Chopra Clinics. The new product is called Zrii, and it will be soon be available in the online store. It also brings the physical body into balance so it can heal.

News Flash: Now online in the Rapid Eye Store you will find the new Paraliminal CD's created by Sharlene Young



Paraliminal CD's get the left and right brain working as one unit. Cli-

ents report that these CD's open up layers and levels in the brain bringing in more spirituality and a sense of well being. Each night in REM sleep, the body chakra centers and auric levels are designed to process,

record, and let go of what no longer serves your system. Rapid Eye Technology simulates REM sleep by a pattern of eye movements that the brain is familiar with. Paralimi

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* To submit articles, please send in by the 15th of the month. It may or may not be used. We reserve the right to edit articles. -Thanks.



Ranae Johnson,
founder of
Rapid Eye Technol-
ogy
and owner of the
Rapid Eye Institute

***“When you find
the way others
will find you.
Passing by on
the road They
will be drawn to
your door. The
way that
cannot be heard
Will be etched
in your voice.
The way that
cannot be seen
Will be reflected
in your eyes.”
-Wayne Dyer***

Insight from Ranae

Did you ever notice that whatever you align yourself with - you then create more of it.

For example if we align ourselves with the physical realm, we often make irresponsible choices.

When life serves up a crisis, people often turn to smoking, drinking or drugs to mask the pain. In the long run these choices create more pain and problems than the original crisis.

The crisis will pass, the addictions and patterns created to escape the crisis linger on to create new ones.

These choices dis-empower us and create pain in our body and relationships.

As we align and are

aware of all our senses, we begin to create magical miracles.

We begin to listen to our inner thoughts that guide us to be on purpose (focused).

We begin to live in our vision while working out our dreams.

We become authentically empowered on all levels.

As we move out of being the victim and take responsibility for our choices we can develop a new mind set.

Living in the possibility or the solution instead of the problem, we shift our alignment to the invisible spiritual domain.

Then we become secondary to the physical.

In other words - Live

where we want to be in our minds while being patient until our body and circumstances to catch up.

Becoming as a little child living in FAITH, the vision becomes easy and natural.

Aligning ourselves to our soul's purpose, assists us to live life on purpose.

Our life's choices will continue to shift the inner structure of our consciousness.

Once we have the inner way, the outer way will follow.

The skills for life will take on a new meaning and we will begin to live the 7 principles instead of just knowing them.

Tips for Natural Healing

A hidden cause of high cholesterol is a low thyroid. When your thyroid is low, your liver makes fewer LDL receptors—Molecules who's job it is to pull LDL cholesterol out of your blood. If you have symptoms of fatigue, dry skin, hair loss, weight problems, and low body temperature,

there is an Indian herb that boosts your thyroid and lowers your cholesterol. It is called guggulipid found in any health food store. In many cases, it takes care of the problem in a natural way.

Fish oil is very good for us in many ways, but can raise your LDL cholesterol. The solu-

tion is simple, take a garlic supplement whenever you take fish oil.

Green tea contains antioxidants called polyphenols. It stops the growth bacteria that cause cavities and plaque. It also strengthens your heart and many more wonderful things.

Exciting change in the works in Frisco, Colorado...

I have accepted joining a group of practitioners in an office space in Frisco. The office includes Naturopathic Docs, Counselors (with a focus on Play therapy), Massage therapists, and even an OB/Gyn.....and now Rapid Eye Technology. The energy in the office is very high and the exposure for RET will be wonderful. Funny thing.... this office is at the end of the building where my previous office of 5 years was in Frisco.

I have written articles about Life Skills for over 5 years, and when I arrived at the office, everyone remarked that they knew my name because they had read my articles and seen my brochures. So, getting the word out really works. Give talks, pass out brochures and be excited about RET and the benefits it gives to your clients. They will book a session right then and there. Just last week, I attended a meeting in Santa Fe of a new

group that is forming there with an office by the hospital. This group includes an Internist, Dentist, Iridology, Doctor of Oriental Medicine, Physical Therapist and Rapid Eye Technology. The focus of this group is to bring together practitioners that work together as a team for the benefit of their clients. I am already booking clients from the first meeting....since team members are excited to try Rapid Eye.

Article submitted
by Claudia Bianca



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Releasing the Reigns: Changing Others

Our perception of humanity as a whole is, to a large extent, dualistic. We paint people with a broad brush—some are like us, sharing our opinions and our attitudes, while others are different. Our commitment to values we have chosen to embrace is often so strong that we are easily convinced that our way is the right way. We may find ourselves frustrated by those who view the world from an alternate vantage point and make

use of unusual strategies when coping with life's challenges. However ardently we believe that these people would be happier and more satisfied following our lead, we should resist the temptation to try to change them. Every human being has been blessed with a unique nature that cannot be altered by outside forces. We are who we are at any one point in our lives for a reason, and no one person can say for certain what

another should be like. The reasons we try to change one another are numerous. Since we have learned over time to flourish in the richness of lives we have built, we may come to believe that we are qualified to speak on behalf of the greater source. The sum total of our knowledge will never compare to what we do not know, however, and our understanding of others' lives will forever be limited.

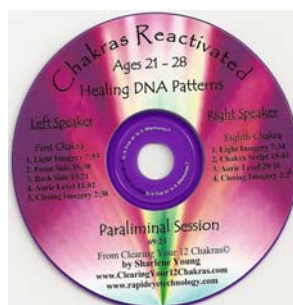
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**"You must
be the
change you
wish to see
in the
world."
-Mohandas
Gandhi**



**"Whatever
the mind of
man can
conceive and
believe, it can
achieve."
- Napoleon
Hill**

*paraliminal effect can be created by playing your RET & Chakra RET Cd's. In the premise of the RET & Chakra RET processing manuals, it lists which cd's to play with each session.



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cont...Paraliminal CD's created by Sharlene Young

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nal RET Chakra CD sessions are scripted to duplicate this process as you listen to it at night during your own REM sleep. Each audio CD is designed to process according to the function of the energy center with positive re-frames to create physical, emotional, mental, and spiritual well being.

A chakra is an energy center within the physical body and extends through our energy fields. Each chakra has it's own purpose or viewpoint where our experiences and age developments are recorded. How we perceive our current experience is filtered through the chakra center of our current age.

Chakra centers are developed individually, between birth and age 21. Between ages 21—106, our chakras are reactivated and we perceive our current experience through two energy centers at a time. Within our own mind/body system, we are processing our current event through a

paraliminal effect.

Paraliminal Chakra CD's consist of two chakra sessions, one is heard out of the right speaker, and one is heard out of the left. This creates separate messages coming into each ear, it is beyond the conscious mind's ability to process both messages simultaneously for more than a few moments. Multi-level communication to different hemispheres of the brain is experienced as a result. Each time the listener experiences the paraliminal cd, the conscious mind/body system processes it differently. This assists with processing imprinted beliefs, feelings and patterns so that you can create what you'd rather experience.

Processing your current age using the Paraliminal Cd's will assist in releasing reoccurring patterns.

Healing DNA Patterns CD Ages 21-28
Chakras 1 & 8

Transform Your Spiritual Purpose CD

Ages 28-35
Chakras 2 & 9

Connection of Your Lifes Purposes CD
Ages 35-42
Chakras 3 & 10

Transforming External Energy into Love Energy CD
Ages 42-49
Chakras 4 & 11

Healing Patterns & Speaking Your Spiritual Truth CD
Ages 49-56
Chakras 5 & 12

Unconditional Love, Self Worth, & How Your Needs Are Met CD
Ages 56-63
Chakras 1 & 6

Freeing Your Creativity, Feelings, & Divine Identity CD
Ages 63-70
Chakras 2 & 7

Family Patterns & How We Make Decisions CD
Ages 70-77
Chakras 1 & 3

Trust of Self, Feelings, & Creativity CD
Ages 77-85
Chakras 2 & 4

cont...Releasing the Reigns: Changing Others

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The potential we see in the people who are a part of our lives will never be precisely the same as our own, so we do these individuals a disservice when we make assumptions about their intentions, preferences, and goals. Our power lies in our

ability to accept others for all their quirks and differences and to let go of the need to control every element of our existence. We can love people for who they are, embracing their uniqueness, or we can love them as human beings from afar.

Your ability to influ-

ence people may grow more sophisticated because others sense that you respect their right to be themselves, but you will likely spend more time gazing inward, into the one person you can change: yourself.

Submitted by

Helen P. Howell,



Vibration of words direct our energy. Our thoughts and words create our world. What ever you focus on, returns multiplied. If you speak about your experiences in the same manner (whether negative or positive), you create another layer of the same experience. By speaking with different words, you can recalibrate the vibration of your experience. Remember you always get to be right, keep noticing your language and what it's creating, if you don't like the results you're getting, shift your thoughts and words.

Thoughts from Lynell...

I sat in a ribbon-cutting conference in Chicago this week where they expected a few hundred people and over 1600 showed up to find out about the new Zrii product and prosperity plan. **I got to talk with Dr. David Simon from the Chopra Center and sampled this product (even a child would drink it! Yes!). It's a winner—new possibilities! I'm very excited about Zrii on many levels for many reasons. Take the time to check this out. Go to the Rapid Eye website www.rapidevetechology.com and click on Zrii.**

Every day I receive emails from around the planet about “the new energy” that is coming to this world.

As a facilitator of a major healing modality and a personal growth trainer, I am constantly amazed and awed by the human spirit. I've walked on journeys of personal healing with people that I truly believed when I first heard their story that it might not be possible for a person to come back from that kind of trauma. **Then 2004 taught me that there isn't anything that can come to you from this world that love can't**

heal—and I had a personal body learning of this truth. So that brings us to this current moment. I am a healer, I work with healers, I train healers, I study myself with my mentors about healing. I teach Life Skills that deal with Universal Principles of healing.

For many eons of time there has been a belief that to be truly spiritual, one must forgo the worldly and perhaps even take vows of poverty and travel without purse or script. These DNA beliefs are so strong that (in my experience) many healers block their prosperity



Lynell Beckstrom,
MRET, RET Master
Trainer



***You are not here
merely to make
a living. You are
here in order to
enable the world
to live more am-
ply, with greater
vision, with a
finer spirit of
hope and
achievement.
You are here to
enrich the world,
and you impover-
ish yourself if
you forget the
errand.
-Woodrow Wil-
son***

cont...Thoughts from Lynell

and abundance so that they can be truly “on the spiritual path.” We do not live in that day and age anymore. This is one aspect of the new energy.

In our day and age, it’s time that the healers had resources, yes... EVEN money. Here’s a vision to consider... what if truly enlightened, spiritual, caring people had every financial worry handled and still had re-sources? What would they be able to do it they had health, time, and money? What causes would they support, what could be done in government, what lives could be changed with conscious caring people paying blessings forward?

This is what came to my mind when I heard that The Chopra Center for Wellness and the billionaire Bill Farley were backing a product called Zrii that contained the Ayurvedic Amalaki and Haritaki and other herbs to promote balance and health. How do they

relate? Again, from my experience back in 2004 I’ve been waiting for a “divine marriage” between corporate America and spirituality. When I heard of Zrii, I knew I’d found the winning relationship! How you may ask? What does this have to do with healers? Money and Spirit mentioned in the same paragraph? (Deep Gasping)! LOL!

Finally a product that I can believe in, (I love Ayurvedic medicine) in a financial form (Network Marketing) backed by a businessman who knows how to brand (Fruit of the Loom, Giviani, etc); a way to pass prosperity to the healers in a relatively short amount of time. Now you may be groaning about Network Marketing, but Mr. Farley put together a plan that passes the prosperity back to the person immediately, with seven bonuses—truly in a plan that has never been seen before. I think it’s the way that Network Marketing was meant to

be.

We as healers have an opportunity here to have a product we can truly believe in—backed by The Chopra Center, in a plan that truly is prosperous for everyone.

What a winning combination! And...it is easy for the self-employed healer, by that I mean, you have your initial investment back almost immediately, get three good people to work with, and you can use the product—it pays for itself, plus have great prosperity. We have been invited to participate both with the product for our clients and invest in the company for a great return on our money.

So here’s the nitty gritty of it—what could we do in our communities and the world as healers with our own health in place, our financial worries gone and plenty of resources? Do you have vision? Can you feel the possibilities I am talking about?

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Philosophy of Rapid Eye Technology

The Rapid Eye Technology (RET) model is a holistic, spiritual healing technology that works to release pain on many levels of human experience.

Through positive affirmations, Skills for Life, and body learning we create new belief systems, which then take the place of the trapped traumas that are released. RET encourages people to embrace the active awareness that they are self-empowered, fully functional, loving and caring individuals who are connected to and exhibiting their highest potential.

Trapped trauma residues, distorted belief patterns and unwanted emotions are the obstacles that prevent us from experiencing this great intelligence - this magnificent light. You have the power within you to transform and create the life you want, once you are aware of it.

Rapid Eye Technology is a tool that facilitates the lifting and clearing of old programming that keeps you blocked from this awareness, and helps you create new patterns supportive of the NEW YOU you wish to create.

www.rapideyetechnology.com

Brain and Psyche: The Biology of the Unconscious

Jonathan Winson, a world noted authority on REM sleep and deemed Rapid Eye Technology beneficial, in the cutting edge of release of stress during REM sleep. He deemed Rapid Eye Technology as the most stress relieving eye movement theory in the world. Quote from "Brain and Psyche"

Dr. Ranae Johnson, Founder of Rapid Eye

Technology, is the owner, President, and Director of the Rapid Eye Institute located in Salem, Oregon. Dr. Johnson states that "Rapid Eye Technology is a natural, safe way to release stress and trauma. RET simulates REM sleep, your body's own natural release system. This powerful quick release happens without reliving the

trauma. Accessing the whole mind/body system while in an awake state allows you to be in control of your own journey."

Dr. Kevin Johnson, Chiropractor and owner of a science based healing clinic states, "Rapid Eye Technology is a physiological release of emotional pain."