



Harmonic Resonance ~ Insights from Ranae Johnson

Inside this issue:

Thoughts on Surrender 2

What do you truly want? 3

From the mainstream 4

RET and Bi-Polar 6

October Training 9

Marketing RET 10

RET and DNA 11

We can expand our own energy fields. When we expand our energy field, there is something very magical that happens we gain a deep sense of well being.

In the past we have felt a responsibility about our energy as we walked past another person and we realized we have had an effect on them. We have consciously learned to close down our energy field to try to be in rapport with our surroundings. When we expand our energy field, it means that our energy field matches with another. In fact, it is entirely impossible for energy fields to completely overlap and envelop each other; we learn from one another's fields. We can consciously ask to be in rapport with those we come in contact with.

All of it is about harmonics, how we can form harmonies and harmonic resonance with the difficult energy before it gets to us. We know perfectly well that when we turn on the blinker in our cars to make a left turn, we created the space ahead in time. It is entirely possible for us to set our vibration by sending the intention of love ahead to prepare the way to create a harmony with our energy in any situation. No one can match all vibrations directly, yet one can through harmonics. This will help us create our reality much faster, much quicker, more directly and on purpose than we have ever done. It is a tool that we will use for the creation of harmony.

As we expand our fields we are connecting to part of each and every one of the people that we come in contact with. The many gifts that come from this are unbelievable. We have not imagined the incredible possibilities that can come from this type of expansion.

Harmonics are simple. Another illustration is as we walk into a room we can send our energy to fill up the room. We can with intention send love and put our own energy into the room to be in rapport with all who come into the room. At this point we own every part of that room with our vibration, because our vibration fills the room no matter how big the room is. Now what happens when somebody else walks into the room? Immediately, even if we are not aware of them, we do become aware that our energy has changed. The first thing to do is see the person, make a connection with them to form a harmony of your energies. That is now done automatically.

When we start expanding our energy field, of course we may feel unsafe, but we learn how to harmonize different parts of our energy field. It's similar to tuning a musical instrument. It is now possible to walk in Light energy every single day.

We can get our energies in balance through Rapid Eye sessions and then with intention begin to expand our energy fields. We have our boundaries in place before we begin expanding. If we know who we are, we know where our boundaries are and we can begin practicing by sending love ahead to prepare the way every morning. I like to send love ahead while I am in the shower. We can expand without losing the boundaries. We all can expand our fields and use the energy instead of fighting against it.

Our RET Technicians are doing wonderful work in expanding their energy. Let's all keep practicing and bring joy into our lives and the lives of those we come in contact with.

Blessings,
Ranae



Special points of interest:

- RET teaches people to empower themselves to live a happier, healthier life.
- Energy medicine is both a complement to other approaches to medical care and a complete system for self-care and self-help.
- Forgiveness and gratitude are the best ways to get clear.

Good Tidings We Bring~

This year we have all celebrated many triumphs and successes. As we remember the spirit of the holidays we send good tidings of joy and love to each of you. We rejoice that all of you are holding the vision of peace and the eternal value of love that has no end. Because of you, the gift of Rapid Eye is shared with many thousands of people all over the world. Thank you for all your love and support as we build our community of positive change through unconditional love, honor and education. May goodwill, love and prosperity be with you this holiday season and all through the New Year.

Blessings,

The Rapid Eye Institute Staff



Thoughts on Surrender

I was recently in a very large training and the participants kept asking, “How do I forgive? I can’t get past what was done to me or what she did or he did; it keeps going over and over and over in my mind.”

I’ve thought a lot about this. Whenever anything comes up when I am facilitating, I always ask myself, “Where is this going on for me?” My favorite definition of forgiveness is: Giving up my right to retaliate... for-giving it back to God/Spirit to handle. Since I do RET and I know that those that heal the fastest are able to let go of what has happened in the past and surrender to the joy of NOW, I want to be able to relax into the process of my life and to totally “let go and let God” - that my clients receive this energetically just by being in my presence.

I think the secret to forgiveness is surrender. I don’t have to worry about revenge - I can choose to believe that we live in an ordered Universe and the law of Cause and Effect takes care of things much better than I ever could. My job is to surrender and INTENTIONALLY let my higher power handle anything that brings anything less than love and light.

I know many of you have heard this from the internet, but it is one of my favorites to use for Life Skills—hope you enjoy it too! This was released by the Chief of Naval Operations on October 10, 1995:

US Ship: Please divert your course 15 degrees to the North to avoid collision.

Canadian reply: Recommend you divert your course 15 degrees to the South to avoid collision.

US Ship: This is the captain of the US Navy ship. I say again: divert your course.

Canadian reply: No, I say again: divert your course.

US Ship: This is the aircraft carrier USS Missouri. We are a large warship of the US Navy. Divert your course now!

Canadian Reply: This is a lighthouse. Your Call.



Lynell Beckstrom,
Master RET Trainer



What do you truly want? By Jacque Chapman, Rapid Eye Technician



*These pictures were taken
in 2009 and 2010*

Many times this question draws a blank look from women. It often seems as if we've lost sight of our goals because of our constant busyness in our roles as mothers, grandmothers, daughters, wives, sisters, lovers, employers, employees, or entrepreneurs! For some of us, we know what we want and love, and what we want to achieve involving health, beauty, strength and our personal dreams of accomplishment. But, without the knowledge and a plan to consciously create these changes, we may not end up achieving our goals.

DRAMA & OVERWHELM

In my own life, I have experienced times of great clarity and other times when I didn't know what I wanted. I found I often had no opportunity to create change or to even take care of myself due to life's overwhelming circumstances. When my marriage of 25 years ended dramatically, the controversy left me and my family feeling torn. I felt weary and burdened on all levels. To regain balance, I knew I had to care for myself in a much better way than I had before. I had to become the first priority in my life. Until then I was taking care of everyone else, and experiencing the consequences of that neglect. I was anxious, exhausted, financially stressed and overweight. My journey had led me to this point of discovering why, what and how to change.

The key to successful change is to care for the youthful spirit that you are. This enables your life to become clearly defined, led by inner wisdom, and supported by your choices and actions. This inner wisdom is beautiful, honest and natural. It is most often gathered when we choose to live in the present moment and when we open to learning from our experiences. I was fortunate to have discovered the right tools on my journey toward inner wisdom and transformation. It

started with an honest self-evaluation.

THE MIRROR

What do others see when they see you? What do you see when you look in the mirror? We see reflection of our bodies and this generates feelings about ourselves and how we have lived so far. Most of us are not satisfied with what we see. For us women, even when we put on makeup and use products to appear more beautiful, we don't quite feel that it's good enough. We are not seeing the reflection of our youthful spirit, of who we really are. For me, I realized that I had to address the issues of my inner being, as well as my body, if I was to live in a happier and healthier way, reflective of my youthful spirit.

POWERFUL TOOLS

Experiencing dramatic personal life changes led me to consciously re-evaluate EVERYTHING in my life. Creating positive change began with the use of two very simple and powerful tools. One helped to clear my mind and emotions, while the other helped me clear my physical body. We are habitual creatures and we all have patterns of thinking, doing and feeling that we've each created over time. These inner patterns have led us to feel and look as we do today. For me, changing my thoughts and feelings had to come first.

RAPID EYE TECHNOLOGY

RET was the tool I found that was most productive in my process of changing my mental and emotional outlook. RET is a system for effectively releasing emotions, traumas, issues and dysfunctional beliefs. This freeing process helped me know what I wanted and how to consciously create it. You can experience RET in private sessions and through Life Skills Classes.

LIFEWAVE'S SP6 COMPLETE

I then found I had to directly (but gently and effortlessly) go after the backlog of excess weight and toxins in my body. The SP6 program worked tremendously well for me. I literally saw fat and cellulite disappearing and muscle tone returning while I maintained a simple exercise program. I had tried other products but none of them yielded these astounding results. You can visit the website, www.lifewave.com/jacquechapman for more information on the appetite control, weight loss, detoxification and nutritional aspects of these remarkable, natural-health products.

TRUE CHANGE!

My inner and outer changes have taken place by working with my body and mind in a natural, stress-free way without the use of medications, expensive therapies, starvation diets, counting calories, or military workouts!

So, I offer these tools to those of you (men, too!) who want to transform your bodies and lives from the inside out. The best gifts you can give yourself and loved ones is to create positive, lasting change in your life that allows you to create what you truly want. If I could to it, surely you can, too!

From the Mainstream into the Light

A Look Back on Becoming a Rapid Eye Technician

2004:

Like many people who choose to become a therapist, I wanted to help people change their lives, and realize their full potential. I had had a good experience myself with mainstream psychotherapy and I wanted to help others experience the same, so I enthusiastically began graduate school in the fall of 1984 at one of the best and biggest mainstream therapy programs in the country. I loved what I was learning, and I especially enjoyed the faculty who were such terrific mentors and models in my mainstream discipline of Marriage and Family Therapy. It was an exciting period of time in my life as I gained skills and knowledge to assist others in becoming their truest and best selves and in creating the marriages and families they dreamed of having.

Once out of school, and into the real-world therapy environment, I had several exciting and challenging years as I put to use the tools I had learned, and consolidated my skills. I noticed, however, how different was the model of personal and relationship change I had benefited from and learned in graduate school, and worked from with my own clients, compared to the mainstream psychotherapy environment of the late 1980's and 1990's. I had whole-heartedly embraced and learned a holistic, systemic model of personal and relationship growth, one that held the possibility that deep, transformative change is both possible and accessible, recognized and respected the spiritual element, and the inter-relatedness of the spirit, mind and body. Mainstream therapy was moving more and more toward a medicalized viewpoint.

This medical model of change was leaping into the medicalized managed care arena, dividing people and family relationships up into parts, and attempting to fix their broken parts with diminishing recognition and respect for the holism of the living person, and living relationships, as if what was being fixed was a broken carburetor on a car. Mainstream medicalized psychotherapy, and the managed care environment that has so much control over it, was mandating fewer and fewer sessions, more and more control from an outside management entity over the ownership and process of therapy, and diminishing recognition for the internal timing and natural development of the person, let alone respect for the spiritual dimension or impact of the deeper issues that keep people stuck.

It doesn't take long for a therapist with any insight or skill at all to realize that it is the deeper issues that people need help with. If they can solve their problems and issues on their own, they do. It's the deeper and/or core issues that keep people repeating patterns that contribute to their on-going frustrations, fears, and relationship problems. It is the spiritual dimension that gives people the power to access the transformative level of change. In these areas, mainstream therapy does not offer much in the way of answers or solutions - certainly not answers or solutions that enable a client to gracefully make profound changes in their lives in a relatively short period of time.

So, while I finished graduate school with unbounded enthusiasm and excitement for what I was embarking upon, over the years I became more and more disillusioned, fatigued and finally burned out. I came to a point where I was ready to leave the field entirely, and began a period of personal reflection, pondering, and prayer about my profession, and my larger life purpose. I felt prompted to retool my practice, leave the managed care arena entirely, and refocus on those tools and principles I had begun with in the beginning. In this quest for professional rejuvenation, I felt prompted to seek out alternative models of personal and professional growth, those that recognized the spiritual dimension, and embraced a holistic framework. As I continued on my own journey, I was led to several holistic, transformative models, from which I benefited greatly. I was invited to study several of these models and incorporate them into my own practice. While I studied one, none of these early models felt completely right to me. In various ways they seemed incomplete, or not consonant in some key way with my own refining model of transformative change.

One day, a client came in and excitedly told me that he was going to another state for a week-end for therapy called "Rapid Eye something". As we talked about it, I realized this was something new that was not in my area yet, and I felt prompted to look into it. The client returned, after having a great experience, even though he had not been able to complete a full program. Meanwhile, I had

(Continued on page 5)



Debra Gordy MS, MRET
Nacogdoches, TX

www.DebraGordyMS.com

"Good thoughts and good humor are truly the best start for a super-healthy mind, body, spirit and heart".

Dr. Wayne Dyer



From the Mainstream into the Light

(Continued from page 4)

found the Rapid Eye Institute website, and other resources about Rapid Eye. The more I read, the more excited I became. Here is a model of change that is spiritually grounded, that recognizes the holistic nature and interconnection of the spirit, mind and body, and that actively views all people, no matter how many issues or problems they have, as whole and complete beings at their essence. Also within this model is a means to do proxy work in behalf of others, similar to prayer. This component is missing or incomplete in other alternative models of healing. This in itself makes Rapid Eye a unique and powerful technique for relationship change. Most importantly, I have never found another model of change that so effectively addresses and resolves deep, core issues, the way Rapid Eye Technology does.

After my first contact with Dr. Ranae Johnson, founder and director of the Rapid Eye Institute, I had a very strong recognition and confirmation that I had found what I was searching for - to complete those tools and resources I had returned to from my beginning days as a transformational therapist. I have personally benefited from Rapid Eye Technology, the Rapid Eye Technology community, and have literally experienced miracles of profound change personally, in my family members and our relationships - and I continue to witness transformative changes for my loved ones and the clients with whom I have the privilege to work.

I feel professionally rejuvenated, and the same excitement I felt many years ago, at the beginning of my journey as a healer. I am so grateful to have come from the mainstream, into the light of Rapid Eye Technology.

2010:

Seven years later, I can truthfully say that listening to and trusting my inner guidance and intuition to return to my spiritual roots as a healer, coach, and transformational educator, and embrace Rapid Eye Technology, was one of the best choices I have made professionally in the last 30 years. My business has been transformed and rejuvenated.

The potential for soul-deep healing, and rapid, lasting transformational growth into optimal flourishing life and relationships, which I am now empowered to guide clients through, is what I knew deep within was possible and what I was searching for all those years. The results in clients' lives and relationships have been outstanding, as this woman attests:

The training process and staff are outstanding, and training weekends are a peak experience for all attending. Because of the genuine care of the training staff, and specialized teaching model, Rapid Eye Technology is easy and graceful to learn, and I was able to begin using the tools immediately.

Expanding out of mainstream psychotherapy into energy healing by embracing Rapid Eye Technology has moved my business and my career forward to new possibilities, opportunities and accomplishments that were unforeseen at the time I took the step to trust my intuition. The price I paid for the training was a real value for all I gained - and the best investment I've made in my business.

Seven years later, I feel grateful more than ever, to have come out of the mainstream into embracing the light of Rapid Eye Technology.

To learn more, and to subscribe to her FREE e-zine,

Creating Joy! The Relationship Ezine, please visit www.DebraGordyMS.com.

*Unveiling the Secrets & the Feminine Power to Flourishing in Life & Love,
Living Your Dreams & Fulfilling Your Destiny.*



"Each day is different from the day before, and it sometimes feels scary when opening a new door. But if you don't fear change, and embrace it instead, life will be an adventure and you'll look forward to what's ahead".

-Dr. Wayne Dyer



How RET worked with Bi-Polar Diagnosis*

RET works on heavy trauma and assists in leveling out mood swings—so it assists in that way. Many have overcome the swings by learning to view it differently while doing Rapid Eye Sessions. ~ Ranae Johnson

I was able to work with a man for several years who was diagnosed with bipolar disorder. I got a bipolar script years ago from an RET email which I use. I ran regular sessions on him and would play 2-3 CDs in the background all at once, while running sessions. My husband saw him several years after the sessions and he told my husband that the work he did with RET had vastly improved his marriage. He made a lot of wonderful changes. ~ Gloria L. Hendricks, MA, MRET, LMFT

In response to experience with Bi-Polar, I have found that many problems that are in the ‘mental’ disorder category are healed when the life traumas are healed. Life traumas change the chemistry in the brain and change the energy vibrations in the brain and body. Negative perceptions are created that create negative belief systems and negative behavior. Finding the underlying issues with the depressive personality of the client and healing that history - and healing the history of the manic side of the personality - is the key. There are two personalities involved. The energy vibrations need to be balanced and that balances the chemistry. Of course, not all Bi-Polar issues are healed - usually because the client does not want to give up some of the secondary gains. That can be worked with, of course, but some clients choose not to continue. Sometimes it is a hereditary pattern passed down through the generations. That can be worked with by asking “if you knew, how far back in the generations does the Bi-Polar condition go?” Sometimes the client can get excited about the thought of healing the hereditary issues. It gives them a purpose for their suffering. I had one particular client diagnosed with various mental disorders. She was taken off all medication (by the doctor) and is living a more normal life. I have found that the generational pattern is healed when the client has all of his or her issues resolved. ~ Lynne Richards

“Achieve inner peace, quiet that mental chatter. Focus the mind and balance the body’s chemistry. Love and heal the entire self in a safe, drug-free, confidential and loving environment with the Miracle of Rapid Eye.”



* Rapid Eye Technicians do not diagnose or treat any psychological or medical condition without possessing a valid license to do so. The Rapid Eye Institute makes no claim whatsoever concerning the effectiveness or suitability of Rapid Eye Technology applied to any diagnosed mental or medical condition. Claims of effectiveness are those of the RET technicians and clients involved.

How I Came to Rapid Eye Technology

Beth Young, Reiki Master, EFT, RET —Energy Clearing Therapies - www.bethyoungcenter.com—Bountiful, UT

I had heard of RET and I’d heard testimonials of it as an energy healing modality. The stories that were shared completely resonated with me, so without ever having had a session I signed up and was the first student to go through the RET Distance Learning course; meaning that I did the lessons in Utah and Ranae was my teacher via phone and mail.

Since I was already an Energy Therapist, I had a client that came on board as my “project” to work with during the training. WE BOTH BENEFITTED! And we loved it. When I attended the five-day certification in Oregon, the sessions that I was able to do as a client were THE most spiritual experiences of my life. Truly. Ranae is one of the most powerful spiritual leaders in my life. She’s the real deal and lives what she teaches. I can’t thank her enough for hanging in there on her own path which has been a refiner’s fire. I now recommend RET to everyone who is serious about letting go of pain and suffering.

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My RET Experience

I didn't know what it was, but it seemed to me that something was wrong in my family. I felt so distressed all the time. I kept seeing pictures of us drowning, or being flushed away. It felt like I was going crazy. By all appearances we had a pretty good life. Then depression and anxiety started showing up in family members. Thankfully that's when Rapid Eye Technology (RET) came onto the scene. At that time I thought, "My family is pretty screwed up." So I got them into sessions right away. We all had some sessions, and it turned out that I was the one who needed them most - so invested in a lot of sessions.



Natalie Flint, MRET

Wow! What a difference that made! In a very short time - about 3 months - everything turned around for me. I actually felt happy inside, all the time. No matter what else was going on. It was so refreshing and light. Then because of my son's struggle with PTSD, depression, and anxiety, I made the choice to have the training so that I could help him. See, a person with all my son had going on can barely function normally in society, let alone work. So he had no way to pay for sessions. It has been a huge blessing to many of my family members that I have these amazing skills and tools to assist them.

The materials are easy to learn, and I love returning to the Institute for more trainings every year. If you ever wanted to do something really important, something bigger than yourself that improves the lives of people on a deep, core level, become a trained Rapid Eye Technician. The blessings far exceed the cost of the training. No comparison.

One of the things that I have deeply enjoyed is the new career my RET training has given me here in Richland, WA. There is nothing more gratifying to me than to see people's lives transformed, and watch them live in joy and peace. Especially when they were in such a mess only a few weeks before. I love this work so much!

My business, Rapid Relief, 603 Knight St. Ste. 1, Richland, WA is located right across the street from the post office in the CSA bldg. I specialize in Rapid Eye Technology and energy healing. Call me, 509-205-5144 to get a phone session, an individual session, or join us in group sessions. Skills for Life classes also available, and several really cool self improvement seminars and special classes are coming up.

Check out Natalie's RET business at www.RETRapidrelief.com.



"Everything that happens in your life is moving you in the direction of your goals." ~Bob Proctor



Here is a beautiful example of a sponsorship letter recently used by a new Rapid Eye Technician. The Rapid Eye Institute has a sponsorship program. Visit the website or call Ranae for more information.

www.rapideyetechnology.com or 503-399-1181

Dear _____,

I'm writing to you about a wonderful experience I had with 'Rapid Eye Technology'. This process simulates the natural process of REM sleep. It's done with the movement of our eyes so the brain believes it's in REM sleep; however, it has the conscious mind to make decisions to let go of trapped messages, emotional stress and trauma we may have. Rapid Eye is a revolutionary, completely natural and safe breakthrough to release stress of all kinds. And it's changed my life completely. This is what happened to me:

For many years I thought I had my life figured out. I came to America from Brazil when I was 20 years old, with a one way ticket, I did not speak any English, one suitcase and \$100. In America, I made a pretty good life for myself. I had family, close friends, a career as a realtor, owned a house, money in the bank and was fortunate enough to enjoy many vacations. Throughout the course of 14 years, I have always wanted to improve myself and be the best that I could be. I have participated in seminars, meditation & health retreats, utilized self-help books and tapes, eating fire, breaking bricks; I have explored different modalities such as Reiki, Chi Gong, EFT, IET & Yoga. I was open to pretty much everything under the sun - you name it and I did it.

However, last year, when I was turning 40, a series of random events started happening. For no apparent reason I started crying a lot; I felt overwhelmed with deep sadness that turned into depression. Losing money in real estate and getting deeper into debt just made things worse. I was haunted by nightmares and began throwing up. I really tried to eat well, but I kept getting sick (when I thought I was so healthy!!).

I was having anxiety attacks and my digestive system was such a mess that I could only swallow foods through a straw. I found myself in unhealthy relationships, spiraling downhill and losing myself. I knew something was not right and didn't know what to do about it. Suddenly, I suffered from physical injuries and had several physical ailments which all my doctors labeled "stress". I hid it very well by getting busy and maintaining a "Get over it" mindset. I was too ashamed and embarrassed to share how I was feeling with anyone. I kept praying for God to help me and I tried everything I knew how.

RET allowed me to recognize and destroy unconscious, faulty old beliefs and consciously create new positive ones. Now my life is working and it has meaning. I feel FULL OF LIFE AND AT PEACE. For the first time in my entire life I am following my heart and pursuing a life of fulfillment and inner happiness. I am returning to compete in Ballroom Dancing after putting it off for too many years. When we recognize and free ourselves from old past limiting beliefs, we are free to deliberately create the lives we want. RET has been such a blessing to me, and my desire is to share with you and others the enthusiasm and excitement I have experienced with RET. For my closest family & friends I'm offering you a sponsorship program until end of October 2010. If you're willing to participate I will give you two (2) RET sessions for the cost of one (1). If you want the whole (8) RET sessions program then you only pay four (4) sessions. For half the cost and for any area of your life, you will get this life changing experience. I know you will highly benefit from it.

Feel free to call me with any questions.

Sincerely,

Sara Abreu (702) 419-8345

For more information visit: www.rapideyetechnology.com

October RET Certification—Talk about Community



Find us on Facebook



Returning staff and new students at the October RET Certification



Get your seal for your web page or print copy at

www.rapideyetechnology.com/seals.htm

There are new books in the RET store



Reclaim Your Light Through The Miracle of Rapid Eye Technology
Audio Book—5 CDs

Includes the Skills for Life

By Ranae Johnson Only \$45



An experiential imagery that connects you to the light in your sacred space and guides you to 100% highest truth of who you are.

By Sharlene Young Only \$25

Important Links

- [RET Calendar of Events](#)
- [Read the RET Blog](#)
- [Check the RET Store](#)
- [RET Facebook Page](#)
- [RET Directory](#)
- [RET Forum](#)

Upgrade your professional RET practice to the Master level and take on the MRET credential. Check out the MRET requirements and download a renewal/application from the RET web site to attend Master RET Certification.

The Rapid Eye Institute
581 Lancaster Dr SE #270
Salem, OR 97317

Phone: 503-399-1181
Fax: 503-373-3606
E-mail: RET@rapideyetechnology.com

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Animal Behavior and Change with RET

Working with animals can enhance your practice and it is so fun to see the animals change their behavior as they release their trauma and built up stress. I have been working with animals for many years and have many great experiences to share. I have worked with show horses, as well as barrel racing horses, and of course wonderful, well loved horses that get to be a “best friend”. In addition to horses, I’ve worked with show dogs and dogs that have been attacked, which causes behavior issues and trauma. A few other types of animals I’ve worked with are cats, birds and a large lizard. For more stories, please go to my Face Book page.



Pat Hill

Animal Behavior and Change with RET

Be the first in your area to work with animals—manuals will soon be available at the Rapid Eye Institute retail store. To reserve your manual (with scripts, CD and DVD) email me at: grifgalaxie@msn.com. Price reserved before January 1, 2011 only \$50.00.

Marketing Your RET Career

- Host or assist in a Skills for Life class. This is a tried and proven method for jump starting a RET practice. It's also the other half of RET.
- Ask your clients to spread the word about your RET practice. Word-of-mouth advertising is always the best and generates a wonderful feeling in your clients.
- Use the Rapid Eye Technician Directory - add your own wording to your RET Directory listing. You can add a photo, too, so potential clients can get a feel for you before they call. Go have a look at the Directory and see what listings call to you - then make yours look like that. For professional assistance in creating your directory listing, you may contract with Mary T. Bowen at 301-855-3767 or email maryt@marytbowen.com. Your investment should provide you with many more clients. Let your clients know who you are and what you are willing to do to assist them in their own healing to optimal health. Give them the "What's In It For Me". That is all that matters to them. It is always about them, not you. Use the RET Directory to its fullest benefit for you and your clients.
- Get free TV advertising for your RET practice. This new service is available to you from the Rapid Eye Institute. Call for details. 503-399-1181.
- Host a RET certification in your area. The high frequency energy generated by this kind of enthusiasm will throw your practice into hyperspace.
- Refer your clients to RET training. The more RETs there are in an area, the more clients they all tend to have. Referring clients to RET training will energize your clients and RET in your area - providing you and your new RET friends with more clients.



“Next to doing the right thing, the most important thing is to let people know you are doing the right thing”.

~John D. Rockefeller

We wish you the greatest success in your RET practice



www.rapideyetechnology.com

Rapid Eye Technology to Address the DNA

A recent study by Canada's National Alliance for Research on Schizophrenia and Affective Disorders reinforces the idea that we should be including the phrase "blink it out of the DNA" or similar languaging AND reprogramming the DNA with the client's intention when we are doing RET. RET activates deep brain structures involved in processing DNA within cells (amygdala, thalamus, hypothalamus, pituitary, pineal glands, etc.). This, it would appear, is most important during processing of the birth story and inner child stages (especially early childhood - ages 0-1).

Only within the past decade have scientists shown conclusively that the DNA molecule is modified by experiences of early childhood and pre-birth. RET can take advantage of that research by directly addressing the DNA and the cell control circuits ("blink it out of every cell..."). DNA does not change in a vacuum - it is controlled by thought energy at the cellular level. This means you can't just tell a cell what to think using English - you must tell it using its own language, the language of chemistry. That chemistry is developed within brain regions directly affected by RET. During intense RET (rapid blinking, rapid verbal - RET immersion), brain chemistry is affected that directly addresses cellular structures that communicate chemically (re: cell membranes). RET tends to release stress - I believe RET can also be used to "reprogram" DNA for desired outcomes (client intention). Here's the process as I see it:

RET intense blinking activates central brain structures involved in chemical reactions (pituitary, thalamus, pineal)

- Chemicals induced by RET course through the body's circuitry - but are basically just "there" until activated by electrochemical commands in cell membranes
- Verbal instructions to "blink it out of every cell" activates release chemistry at the cellular membrane level - initiating a cellular discharge and setting up DNA for change
- Verbal instruction to "blink it out of the DNA" activates release chemistry at the DNA level - changing DNA slightly
- Verbal instruction to "incorporate your intention into every cell and the DNA" might then reprogram the DNA to further solidify the client's intention by imprinting the intention into their DNA
- RNA transcribes the DNA instructions into restructuring the physical body by spreading the new DNA message - thus enabling permanent change

This also emphasizes the importance of "clean" language when using RET. When cells are open to reprogramming, we as RETs must be very mindful to avoid programming our clients with our intentions - no matter how helpful we think we're being. We must ALWAYS hold fast to the client's intentions for their sessions and avoid foisting our agendas onto them. The RET scripts are expressly created to be generic in nature so as to avoid directing a client toward a specific outcome. Telling a client to repeat aloud his/her intention during a RET session after the discharge portion - like during Release & Gather - might be the perfect success formula.

Joseph Bennette, MRET, CHt

Author of [Compassionate Healing](#), [Read Faster](#), [What Were You Thinking](#), and [You Can Stop Smoking and Stay Stopped Forever](#)

Online at www.JosephBennette.com — Read his blog at www.PowerStates.com

On Facebook at www.Facebook.com/Joseph.Bennette



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