



A NATURAL, SAFE WAY TO RELEASE STRESS AND TRAUMA

Rapid Eye Institute Newsletter

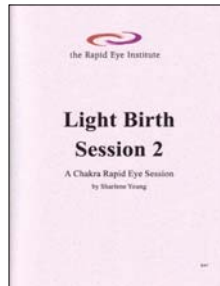
A Light Birth Story

The first time I met Jeff, I knew his burden was great. He verified my impression by focusing the conversation on his Jewish heritage. He spoke of a sense of heaviness, loss, despair, much he attributed to being Jewish. Though not orthodox, Jeff understood on some level, that his DNA could be providing him all he needed to live life as a victim.

Jeff complained that he had tried everything, going from one “healer” to another, and his greatest fear was that he would never change. I noticed that I was excited about the prospect of running the Light Birth on Jeff. I found myself setting a very strong intention for the session that felt more like an urging. During the entire process of change that Jeff so deeply desired.

It was through this stream of energy that I heard the call. As I was running the section of the Light Birth that includes “each and every individual throughout all time and space,” I sensed an entire entourage was “floating” somewhere above our heads and to my left. It felt very much like a whole group of souls had banded together and were communicating as one. They were urging me to say “and the Jews”. That’s all they wanted - just for me to name them out loud and include them in the session.

At first, I blew it off. My rational mind said, “well even if this is happening, why would I have to name them? The script says everyone, so they would automatically be included”. But that didn’t fly. They continued to almost nag me until I said it...”and the Jews”. That was it, they were gone. That’s all they needed. I knew Jeff and I had just set perhaps an entire soul group free.



It was one of the most powerful Light Births I have ever run. In fact, as I write this, I realize it is more accurate to say the session ran me!

I held the intention for this to be the one thing that finally worked for Jeff in his search for change. We did not speak of his Jewish heritage again that day or again in any subsequent sessions. As he left the office, he gave me one last glance over his shoulder and with a new twinkle in his eye he said, “You know, I think this might be the one, this just might work.”

Thank you Sharlene for bringing the Light Birth to us. I pray that more and more profound be given to you for our use as we work to raise the vibration of the Earth through the Divine brilliance of Rapid Eye Technology. –Paula Bronte, MRET

Inside this issue:

Insights from Ranae	2
Trust Your Intuition	3
Gratitude Raffle	4
Did You Know	4
Thought and Money	5

Editor: Christina Jenks

* To submit articles, please send in by the 10th of the prior month. It may or may not be used. We reserve the right to edit articles. -Thanks.

Insights from Ranae

Journey into Inner Space



**Ranae Johnson,
founder of Rapid
Eye Technology and
owner of the Rapid
Eye Institute**

Our total being is composed of our physical body, our light body and our consciousness. Our physical body/mind and brain is made up of the same elements of everything else on the earth and the densest aspect of our transcending into higher frequencies. Our light body is made up of very complex material patterns and can communicate on that level. Our consciousness is one with all things making up the whole; it travels and is constantly giving and receiving information. We try on much energy from other people because of the law of attraction. As we judge, we are judged by this natural law and attract learning experiences into our lives. We begin to understand the natural laws of the world as we begin to notice and understand ourselves.

We are aware of being conscious, but at times we are not consciously aware. We are now trading our self-delusion in for self-consciousness. We are now aware of our random thinking that in the past has created soap opera lives. We have moved past the loop of societal brainwash-

ing into manifesting our true desires. We are focusing our attention on being conscious of the self.

The inward focus of attention brings patterns of expression of our willpower to practice with on many different layers and levels. We no longer have to steal personal power from others, we can create it for ourselves. We can create the circumstances we want by taking the responsibility that everything in our lives have come to us for a learning purpose. Practice experiences move us into higher consciousness. It is possible to choose to create in joy and change how we perceive our present experiences.



When we experience a situation that cannot immediately be integrated or understood in our present reality, we become traumatized in one way or another. We always have a choice to stop suppressing the experience, to accepting the learning, and changing our present reality picture. Soon we understand that this life is made up of perception and therefore, unreal or an illusion (a thing of the past). Going within and contacting our consciousness is our true reality.

We are moving out of the movie enough to be aware that we are in the movie. If we don't like the part, try out for a new one. We can transcend the illusions we create and still enjoy the parts and games we play.

We respond to outside stimuli. How we respond is our choice and it becomes easier after Rapid Eye sessions. Our response is related to our willpower, as well as our degree of awareness. Next, comes peace and the realization in our hearts of our oneness with all creation. By repetitive exposure to this realization and a willingness to work with our conceptual limitations; we begin our journey into inner space of pure awareness.

The wisdom of all of this journey is the power of discernment or knowing the difference in the various laws. We attract abundance by having a clear intention giving or planting seeds and trusting that the universe will harvest our seeds in great abundance. We must give to get, giving and receiving are the same.



Trust Your Intuition

Susan had unusually deep emotional pain in regard to her two children, especially her son (both grown now) and her experience as their mother. By our 3rd session I was surprised that little had shifted for her in this regard. I asked her to talk more about her experience of raising her children as a single mother. She reported that when her son was eight years old, due to finances and working many hours, she allowed him to live with his father who resided only a few blocks away. Within a couple of months the father took the boy and moved away. As we ran the core beliefs script she stated her belief was that her child was taken from her. I noticed a jolt of strong energy as she said that and I questioned it – ‘is the feeling that he was taken, I asked, or that you lost him’. The vibration between those two perceptions is different and I felt it worth examination. Having a child ‘taken’ from her would strengthen the sense of victim which was very prevalent for her.

She was adamant – “he was taken from me”. I then ran the core belief script on that premise and as I said the words “my child was taken from me” I had a very clear vision in my mind’s eye. A woman was fighting with men in uniform for her child as they were wrenching him from her arms. It was very much like what you would see in a movie about Nazi Germany. I questioned the validity of the image, but I have come to trust my intuition enough to follow where it leads. I told Nancy that I just had the impression that as a Jew, her son was taken from her by German soldiers in a past life.

She was astonished as she explained that she is absolutely unable to watch any movie about the holocaust or Nazi Germany. She becomes so deeply upset by such movies that she is adversely affected for days. Her husband (who happens to be Jewish – she is not) has had extensive training in applied kinesiology and is very skilled in the practice. I asked her to go home and have him test this with her. However, even before leaving the office that day she felt a huge shift in regard to this issue. Just naming and acknowledging it created a new

perception for her and different feeling about her motherhood in this life.



The muscle testing did in fact reveal that her son was taken from her by the Nazis. It showed that she and her son were the same ages then as they were in this lifetime when her son went to live with his father. This was a tremendous healing for her.

I have written this piece with a specific goal in mind. I would like to encourage all Rapid Eye

Technicians to trust your intuition. When something comes to you in session, no matter how unlikely it may seem to your rational mind, honor it and reveal it. If it is off the mark, then just humbly accept that and move on. However, fear of being wrong or looking foolish could deprive your client of the very healing that they came to you to receive.


They do not sit before you simply because of an ad you published or a recommendation someone made. They are there because *you* have something to offer them, *you* are the one that has been called to help them. Your intuition can fuel the scripts and the wand movements with exactly what your client needs at the time. Our job as Rapid Eye Technicians is to help raise the vibration of the Earth; our intuition allows us to do that in perhaps small, but powerful ways. Your client deserves the power of your intuition and the service that only you can provide.

Thank you all for all you do.



Paula Bronte, MRET

Gratitude Raffle



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receive an extra
free raffle ticket!

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This raffle is being held
in honor and in appreci-
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We would like to thank
you for continuing to
spread the vision of
Rapid Eye Technology!
Sending gratitude and
support to each of you
on your journeys!

**Love & Light,
The Rapid Eye Institute**



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Did You Know...

- The eldest child mirrors what is unresolved in the patterns that dad came to create different.
- The second child mirrors what is unresolved in the patterns that mom came to create different.
- The third child mirrors what is unresolved in mom and dad's relationship that they came to create different.
- The fourth child mirrors what is unresolved in the family pattern.
- An only child does all four jobs.
- More than five years in between siblings, it starts over with dad and the remaining jobs are divided among the siblings.
- The birth order starts over with dad when there is more than 4 children that are not more than five years apart.
- Processing with Rapid Eye what the child's behavior is mirroring can speed up the patterns being resolved.

Thought & Money

As we know, our thoughts create our reality and our world so that whatever we focus on, we create. In fact, it's known that everything exists in the unseen before it manifests into the seen. Since the unseen is real, we could then say that the unseen is the cause and the seen things are the effect. Thoughts and the spoken word are the outward expression of the workings inside. We have the wonderful gift of Rapid Eye to assist in clearing issues on a deep level by getting to the core issue of our beliefs. In addition to Rapid Eye sessions it's important to continue working on the cognitive aspect of our beliefs with Skills for Life.



There are times when old programs surface around money and finances. Having financial goals is a way to reduce stress and create a balanced life. BE, DO, HAVE – it's state of mind that works to create what you want in life. If we just tell ourselves that we will be successful and never work on the core beliefs surrounding finances, we may inhibit that statement by continuing the same pattern. Be conscious and work towards financial peace and success. Keep this saying in mind, "If it is to be, it is up to me".

Here are a few strategies to assist while working towards stress free finances:

1. Define your financial goals; have a plan for achieving them, and stay with that plan.

And once you have a financial plan, stick to it. Be clear about what you will and will not do when it comes to money. Don't let your emotions push you towards financial decisions that may set you back from the plan. Know your limits, and stick by your guns. **Set your intention.**

2. Live beneath your means.

There are few things more stressful than debt, bills, or the worry of how to make ends meet. And yet you and I are constantly bombarded with advertisements that entice us to want more and spend more. The marketers actually want us to have an obsession with possessions -- whether or not we can afford it.

By living beneath your means, you're simply learning to live without a few things. And as the philosopher Bertrand Russell stated, "To be without some of the things you want is an indispensable part of happiness."

3. Use the 10-10-80 approach.

There is considerable evidence that the happiest people, even the wealthiest people, are savers and givers. At a minimum, they save 10% of their income, and they give 10% of their income to worthy causes. And they discipline themselves to live on the remaining 80%. The book, "The Richest Man in Babylon," documents all this.

The 10% saving part is easy to understand. That's self-explanatory.

The 10% giving part is the stumbling block for lots of people. They just can't get it through their heads that they can be better off by giving away 10%.

When you give away 10%, you put an extra measure of purpose in your life. You put your focus on the positive outcomes you want to achieve ... whatever you put out there comes back to you ten fold.

Henry Ford knew that. One day, as he was talking to a man named Dudley, Ford asked, "What's your ambition in life?"

"That's easy," Dudley said. "It's to make a million bucks and make it fast. Then I am going to get myself a nice home, a nice car, and retire."

Ford was a whimsical man. A few days later, he called Dudley into his office and handed him a gift. Dudley opened the package and found a pair of eye glasses, but two silver dollars replaced the lenses. Ford said, "Put the glasses on and tell me what you see."



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October 2008 RET Class, welcome to the Rapid Eye Community, where we consider ourselves one big family !

To attend a Rapid Eye Certification, visit our website for upcoming dates. This could be you!

Thought and Money

Dudley did as he was told and responded, "I don't see anything."

Ford said, "Of course you don't, because the dollars are in your way. But, if you put the lenses back so that you can see all the human need and all that you can do to meet that need, and if you give of yourself and forget the dollars, then the dollars will take care of themselves." He was right.

Step out with courage, whether or not you feel courageous and just do it. Keep yourself motivated as you get better and better at creating financial freedom in your life. In RET, identifying a pattern cycle provides the opportunity for learning to increase consciousness. A core belief or family pattern can be identified by looking at an event within the last week involving a financial pattern. Notice the feelings and emotions around that event, and then look at the perception and beliefs around that decision, and how did you react or respond to that event? With this in the conscious mind you can connect with your nearest Rapid Eye Technician to release old patterns and create new experiences all in a Rapid Eye Session. You'll notice an almost immediate reduction in stress as you move towards a more balanced life.

Action:

Which of the three strategies are you best at? Which of the three strategies needs the most improvement? What are you going to do about it? Live Consciously.

Love and Light, Melanie Gentzkow MRET

