#### October 2007

Volume 1, Issue 1



### Rapid Eye Technology IRT at NASCICDE

Rapid Eye Technology

Create Conscious Joyful Living

#### Inside this issue:

Insight from Ranae 2

Color and Healing 2
Properties with RET

To Worry or not to 3
Worry

Testimonials 3

Upcoming Courses 4 and Workshops

Real or Unreal 6

Sharlene Young and Mary Bowen returned from Orlando with wonderful success for RET. They attended the 21st Annual United Spinal Association Conference held in Orlando, Florida August 27-29, 2007. People attended the event from all over the USA.

The United Spinal Association convenes an annual conference to report state of the art techniques and disseminate information about scientific or technological breakthroughs, advances in research, and the latest standards of health care for individuals with SCI/D.

The conferees include approximately 250 psychologists, social workers, doctors, nurses, and counselors involved in the psychosocial care and treatment of individuals with SCI/D. These health care professional include clinicians, researchers,

administrators, educators, and consumers.

One of the goals of the conference is to identify new therapeutic interventions and technologies. RET was an exciting new technology at this conference. The RET vendor exhibitors booth activity was non stop.

Sharlene and Mary presented Rapid Eye Technology as a cutting edge Complementary and Alternative Medicine Stress Release modality. Technicians all across the US specialize in the field of Stress Release for corporate team building and indi-

vidual stress release to let go of patterns that have kept individuals stuck in their past pain.

Rapid Eye Technology is a full model, stress reducing technique affecting mental, emotional, physical and spiritual levels to collapse the unconscious patterns that create stress. These patterns can create

an ineffective work environment and home life and the need for the patterns to be recreated over and over again. RET incorporates over 19 techniques designed as built in safety mechanisms that prevent reliving the stress, allowing for healing and painless reframing to occur.

There was a large interest from the conferees wanted on how to become trained as a Rapid Eye Technician. After explaining that training is available, many were given The Blink Magazine, brochures, DVD's, CD's, and their business cards.

## Insight from Ranae



Dr. Ranae Johson, founder of Rapid Eye Technology and owner of the Rapid Eye Institute

There is always a giving up in order to gain. Every part of our life is change, representing a passage that gives us an opportunity to gain new levels of awareness.

Every great teacher that has taught one's self must die to be born. The student learns by daily loss; we must lose our life in order to gain it. The mystic bird and the Phoenix also rises from its own ashes.

All of us yearn for a truth before we become it. We can become the love we want. Our experiences are the Portals through which we pass from one room to another and then another, each bringing us closer to our own center, the holy of holies.

Each room or experience holds challenges and we always get to choose how we react or if we want to go farther. Some rooms are wonderful, some are full of cold fear without logic.

Each of us is involved in cleaning up the rooms or experiences by forgiving everyone involved (including ourselves) in what we perceive to be our persecution. We then bless the experience, because of the learning, and release it.

We live in gratitude for the beautiful rooms or experiences, as well as the perceived Hell– both are for our learning and awakening.

2007 (a finish number) can be a finishing of all past experiences if we so choose to let it go. 2008 is a new beginning because we choose it and make it Happen. It's always a choice on some level.

# Color and it's Healing Properties with RET



Color gel sold at Rapid Eye Institute retail store. Designed to fit standing 3 light lamp and the gels slip into the holder. Build your own color therapy lamp with different colors - may be used in conjunction with the Chakra Healing or with a RET session or all by itself.

Color is the energy in the form of light. Color is a vibration or frequency of light. All of life on Earth is depended on light, and all light contains colors. Even the air we breath contains colors.

Color holds a frequency that has vibrational impact on all matter. According to the Global Physics Organization, "Each color corresponds to a vibrational frequency and the qualities associated with that frequency will tend to influence the activities conducted in that environment

and the attitudes of those in it, and even around it." Colors have a physical impact on our emotions, psyches, and bodies.

Red is the first color that can be seen by the human eye in the color spectrum. It represents the fire element and is the color of the root chakra. Red assists in the healing of acne, AIDS, anemia, low blood pressure, colds, pneumonia, and soft reds help with menstrual problems.

**Orange** is tied to our emotional health, the muscular system of the body, can assist in healing conditions of the

spleen, pancreas, stomach, intestines, adrenals, and depression. Orange is the color of the second chakra.

Yellow assists with the bladder, bowels, kidneys, mental attitudes, alcoholism, abdominal cramps, loss of appetite, burping, indigestion, liver, and emotional problems. Yellow is the color of the third chakra.

Green relaxes the nervous system, eases emotional states of duress, any heart problems or blood pressure disorder, low energy, and creates a calm space .Green

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#### To Worry or Not to Worry

#### True or False

- 1. T\_\_ F\_\_ You have lost your car keys 3 times this month.
- 2. T\_\_ F\_\_ You are confused about things
- 3. T\_\_ F\_\_ You can't remember your kid's birthdays.
- 4. T\_\_ F\_\_ It's taking longer and longer to think up words.
- 5. T\_\_ F\_\_ You forget what you were going to say.
- 6. T\_ F\_ You are having trouble remembering routine tasks.
- 7. T \_\_F\_\_ You get lost coming home from the post office & can't remember where you are.
- 8. T \_\_ F \_\_ You feel moody.
- 9. T \_\_ F \_\_ If you ever want to see your car again you have to make a note of where you parked it at the mall.
- 10. T \_\_ F \_\_ You don't have the energy to socialize anymore.

If you answered true to the statements 1-4-5-8-9-10, Don't worry, these are signs of being very busy and stressed. A Rapid Eye Session can do wonders for you.

If you answered true to statements 2-3-6-7, this may be signs of aging. Rapid Eye can also assist you around this process.

Tips: All over the counter products for preventing age spots (blackberry oil), Immortelle Young Hands SPF 15 (sells for about \$32), Vitamin C (proven to reduce discoloration of the skin if used regularly), & 18hr Protective Hand Cream (sells in drug stores for \$4.50).



# RET Technician Certification Testimonials

"My experience at training is much more than what I would have asked for. I have never felt so much love and freedom to be myself. I have received a miracle, I never thought possible and my life has forever changed. My gratitude overflows, thank you." – Jessica Burgess,

"Transformational and awesome." - Mollie Hardy, RN

"The training was fast moving and great. Superb support, I learned so much. It was a must for me!" – Linda Kilgrow, RET, Master Herbalist

"The training is awesome. Each person needs to experience it themselves." - Naomi Barnash, MT

"Everyday was like being reborn, I felt empowered and full of light. I had no idea that I could transform so quickly. I now love who I am as a result of my training experience. Incredible. Thank You." – Amy Blunt, LMT

"Transformational, spiritual, professional, amazing, fun, cleansing and healing. Feels like home." – Martina Lebreton, Ph.D., Master Reiki Teacher

## Upcoming Courses and Workshops

Master Rapid Eye Technician Course

March 19-22, 2008

Salem, Oregon

Fee \$1000.00

This course is for mastering the Rapid Eye Technology process. Each practice session provides you opportunities to master your skills while combining processes to maximize your client's experience.

- Master and understand the purpose of the wand techniques and processes
- Learn how to integrate IRT, SSPT and Emergency Process in a session
- Learn how to identify a pattern and process that pattern in every session
- Understand how every pattern is an addiction
- Learn how to use body walks as a reframe and cognitive understanding of each issue
- Learn how to utilize your specialty manuals
- Gain experience in group demos
- Learn how to market RET through workshops
- Learn how to do phone sessions

This course is offered only once a year and space is limited. To register, go to the Rapid Eye Institute website and download a registration form to fill out and send in. If you need to set up a payment plan, please contact Ranae to make arrangements.

Working with First Responder IRT/ Compassion Fatigue Prevention Workshop

> March 23, 2008 8 am to 4 pm Rapid Eye Institute Salem, Oregon Fee \$200.00

Instructed by Chenin West
MRET CHT LMP

This workshop provides the IRT trainer with education on First Responder cultural interest, languaging and marketing tactics. As well as target group list and techniques for approaching these organizations. An additional supplement trainers manual is also included. There will be lectures and Q&A with first responders.

Please contact Chenin West

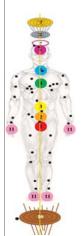
@ 360-883-8802 to register.
highmtn@comcast.net



#### Access & Receive the gifts of your Soul's messages contained in your Chakras

#### Clearing Your 12 Chakras Workshop

#### Facilitated by Sharlene Young, MRET Trainer



Experiential class for RET Technicians, to expand their own journey and RET skills.

Identify issues, beliefs and feelings that are imprinted in your chakras for your Souls Higher Learning

Release and Retrain your chakra's energy centers and fields with tools and techniques

Reach your quantum fields to collapse unwanted patterns as you step into your own energy centers

Shift the matrix in your DNA past, present, and future

Give & receive RET Chakra Sessions

February 13-16, 2008 Highland, UT Fee \$800.00 Please contact Sharlene Young to register 503-851-4574

### RET Training Calendar

October 18-22, 2007	November 1-2, 2007	November 8-12, 2007	Nov. 29 - Dec. 3, 2007
<b>RET Certification</b>	IRT Workshop	<b>RET Certification</b>	<b>RET Certification</b>
Salem, Oregon	Burns, OR	Highland, Utah	Burns, OR
January 17-21, 2008 RET Certification	February 21-25, 2008 RET Certification	February 21-25, 2008 RET Certification	March 19-22, 2008 MRET Workshop
Mesa, Arizona	Salem, Oregon	Taos, New Mexico	Salem, Oregon
April 17-21, 2008	June 19-23, 2008	June 20-23, 2008	July 17-21, 2008
<b>RET Certification</b>		nanced MRET Workshop	<b>RET Certification Salt</b>
Lake City, Utah	Taos, New Mexico	Salem, Oregon	Salem, Oregon
August 29-30, 2008	September 15-21, 200	8 September 25-29, 2008	3 October 16-20, 2008
<b>RET Retreat</b>	Train the Trainer	<b>RET Certification</b>	<b>RET Certification</b>
Lava Hot Springs, ID	Salem, Oregon	Taos, New Mexico	Salem, Oregon

Students and Staff: Attend a 6:00 P.M. Meeting the Thursday night of certification. Send Registration to: Rapid Eye Institute 581 Lancaster Dr. SE # 270 Salem, OR 97317 Phone: 503-399-1181

FAX: 503-373-3606 Register On-line www.rapideyetechnology.com Email: RET@rapideyetechnology.com

Rapid Eye Institute 581 Lancaster Dr. SE #270 Salem, OR 97317

Phone: 503-399-1181 Fax: 503-373-3606

E-mail: ret@rapideyetechnology.com

#### Rapid Eye Technology

A natural, safe way to release stress and trauma.

#### Real and Unreal

The unreal perceives separation

The real knows there is none

The un-real despairs, is lonely worries

The real sees challenge for growth, creates solution

The unreal creates drama, produces confusion

The real empowers, chooses to be happy no matter what.

We need both to learn from, we need every step of the ladder, we can't get to the top without every step.

# cont.. Color and it's Healing Properties with RET

is the color of the fourth chakra.

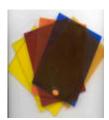
Blue is helpful with inflammation, internal bleeding, nervous conditions, the respiratory system, high blood pressure, abscesses, head aches, tooth aches, bronchitis, burns, fevers, and has an antiseptic effect as well. Blue is the color of the fifth chakra.

Indigo strengthens the lymph system, immune system, purifies the blood, detoxifies the body, balances the hemisphere of the brain, effective on treating on conditions of the face, alcoholism, allergies, excessive appetite, and Parkinson's. Indigo is the color of the sixth chakra.

Violet-Purple Can be effective on the skeletal system, cancerous conditions, diabetes, growths, infections, influenza, and leukemia. Violet-purple is the color of the seventh chakra.

Rapid Eye Technology incorporates color healing by using red, yellow, and blue on the tip of the eye directing device. Many other colors are utilized with the color gels in the RET healing processes.

Written by Sharlene Young



Color gels



Gel holder



To purchase these go to www.rapideyetechnology.com