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To submit articles, please send in by the 10th of the prior month. It may or may not be used. We reserve the right to edit articles.

Thank you.

Rapid Eye Institute Newsletter

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Press Release

OREGON BOARD OF CHIROPRACTIC EXAMINERS has approved the Rapid Eye Technology's Immediate Release Technique process to be taught to the doctors and their staff in Oregon. This class is not part of the Chiropractic curriculum and will not be taught at the chiropractic colleges, but as an adjunct, or complimentary process taught separately by Rapid Eye Trainers. They said: IRT is an "investigative" procedure that may be used by Oregon chiropractors and is also allowed for CE credit." 12 unites of continuing education will be given for the 12-hour training usually held with 4 hours on a Friday, and 8 hours on the following Saturday. Usually, CEU classes for Chiropractors and their staff range from 4 to 8 hours with the same number (of hours) attended of CEU's granted. This training will be chiropractic oriented only. Chiropractors in Oregon are required to have 20 CEU's every two years and the Chiropractic Assistants need 6 hours per year.



The IRT model differs greatly from the RET full model and RET will not be taught in these trainings. The IRT is described as an Immediate Release Technique. The full RET model is much more comprehensive and is not taught in these trainings. Oregon chiropractors may NOT perform RET in their offices. The OBCE wish to make this very clear: RET full model is not part of this IRT program and will not be used in the chiropractic office. See below:

The IRT Model , developed by Ranae Johnson, Founder of Rapid Eye Technology, has been adapted for chiropractic and differs from the RET full model.

To quote the OBEC after their approval of the IRT process:

"IMMEDIATE RELEASE TECHNIQUE (IRT)/RAPID EYE TECHNIQUE"

"Recently the ETSDP committee recommended, and the OBCE accepted that IRT (Immediate Release Technique) may be used by Chiropractors under the investigational rule (reference below). IRT involves eye exercises combined with forms of acupressure and chiropractic adjusting. The eye exercises are shown to affect brain activity that can alter pain states. There is a growing

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Ranae Johnson, founder of Rapid Eye Technology and owner of the Rapid Eye Institute

"Faith makes
all things
possible, love
makes all
things easy."



Insights from Ranae

Faith and a can do Spirit

For this is what Faith is all about. It is the unknown future and the unraveled challenges. It is the goal yet reached and the great passion waiting to express itself.

It's when your favorite thing is what you haven't started yet. It's the great feeling of satisfaction, when it all comes together.

It's just noticing things that happen in life and surrendering them over to a higher power while rolling up your sleeves and being a part of the solution.

It's an inner knowing that a greater power is in charge and we are only as big as our anger in any given moment.

At the end of the day it's the quiet reflection of gratitude and appreciation for all that we have and for all that we share on this beautiful planet.

Our faith tells us to be and to act the part, do more than is expected. Have and enjoy all the fruits of our labors.

Testimonial

Here's the testimony of Tom. He is now using the voyager 3 times a week too, along with weekly RET sessions.

Blessings,

Kristine Farley, RET Bonney Lake, WA

"I had just had a brain tumor removed and my peripheral vision was greatly impaired, along with some cognitive brain function which affected my ability to read. Kristine taught me to eye patch. The first time I eye patched I saw a marked improvement with my vision. Things were not only much clearer, but my vision increased. I have continued to eye patch and my vision continues to get better and better. My surgery was 5 weeks ago and I just finished reading my first, albeit, small book. I believe eye patching has enhanced my ability to read and function normally.

Tom, Bonney Lake, WA

Patience with Ourselves



Life is created by us. The more awake, aware and responsible we are of our process, the more we can create a reality that is in harmony with what we want in life. Sometimes, when we are in our *adventure* mode, we can believe that life happens to us....not so; we are not here to discover life, rather to actively *create* each day. The tools we use are thoughts, words and deeds.

For 23 years, I have studied these Life Skills and noticed how they affected my life when they were just passing thoughts, when they were words on a page and when I was able to live them more and more in my daily life. It is remarkable the level of power we possess. We can come to the point of seeing some-

thing we don't enjoy in our lives, thank it for showing up, and simply change it.

This will not seem quite so simple when we have patterns and beliefs that hold us back. To think, speak or do something which you do not truly believe (or know in your gut) is impossible. The belief is the fuel keeping the creation process going in our lives. What you think, what you feel and what is manifesting in your life is always a match...no exception. **Rapid Eye** can assist you in releasing the vicious cycle of misconception, and give you the ability to change how you see yourself and your creations. This will change your life.

Rapid Eye Technology is a safe, natural way to release stress and trauma leaving us empowered to live a happier, more productive life. **RET** gently simulates REM sleep, the body's own natural discharge. This powerful quick release happens without reliving the trauma. Accessing the whole mind/body system while awake, allows you to be in control of your journey and in a powerful position to create your new reality. With new skills, ideas and experiences, you are less likely to repeat the "do what you've always done, get what you've always gotten" pattern of *stuck* in your life. Identify and release nonproductive beliefs, negative thought forms, and emotions—all of which contribute to emotional stress. **Rapid Eye** is a release and reframe technology unique in its approach and amazing in its results.

Clients report:

- immediate benefits
- a new perspective of life events
- feeling relaxed, yet energized
- self empowerment
- new life skills

Next month.... **Abundance & Gratitude**. Visit www.rapideyetechnology.com to download a free Life Skills Workbook.

Claudia Bianca, **MRET** is a Master Rapid Eye Therapist/**RET** Trainer sharing twenty-three years of experience with **Rapid Eye Technology**. She is located in Taos, New Mexico. Email questions to seeublink@aol.com or visit www.claudiabianca.com

Attitudes attract experience...

Rapid Eye
Technology is a
safe, natural way
to release stress
and trauma
leaving us
empowered to live
a happier, more
productive life.



**Claudia Bianca,
MRET
Rapid Eye Trainer/
Tutor**

News from Lynell

Hello Everyone--



Natalie Flint
MRET

This is Lynell and I wanted to update you all on the exciting new developments happening! Natalie Flint (a spectacular Master Rapid Eye Technician that also lives in Tri-Cities) and I have opened the coolest Rapid Eye Office in downtown Richland. Now Tri-Cities Washington is made up of Pasco, Kennewick and Richland--all of them wrapped around the gorgeous Columbia River and I LOVE IT! The earth energy there and all that water is so refreshing for me. If you will notice the pictures, we found a great store-front office with a waiting room big enough to start doing our Life Skills Classes (which are growing fast--14 people by our second class) and our own bathroom and a great size Rapid Eye Office. Our sign is 4' by 6' --We love it!



Lynell Beckstrom
Master RET Trainer

Also happening, Natalie, Lynette Butcher and I are also getting approved to volunteer in the Jail here. We have already done one men's group and one's women's group at the Jail and it went so cosmically cool that it dumbfounded us and we are very happy to be in that population. I am so excited to be in this place and things are alive and moving. Please know that if you live in the Washington area or have family there, I am giving 2 sessions for the price of one--opening rate of \$100 for 1 1/2 hours, so call me and keep your own work going! I'm booked until November, but please call and get scheduled! I love you all and please if you are even traveling through, you know I'd love to hear from you and see you! 801-856-1631 (I text!)

Love, Lynell

*Learn the
IRT Rapid
Eye Process to trade
in negative
emotions
for positive
ones.*

Did You Know...

- Unless we resolve core feelings, unresolved negative thoughts may re-occur
- Each unresolved emotion has experiences with a reaction to an illusion that is already a part of our belief system
- When these emotional discomforts are experienced, an aspect of ourselves perceives things incorrectly
- These feelings are registered in our sub-conscious and in everyone of our cells (DNA) affecting our whole mind/body system, our whole electrical system for good or not so good

Press Release

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amount of clinical correlation showing that the brain function changes can/may change endocrine function associated with stress states. The military is investigating use of similar treatment procedures with veterans suffering with PTSD (post-traumatic stress disorder).

However, RET (Rapid Eye Technique full model), a technique that extends the treatment time and complexity to involve psychological counseling, is counseling/psychology and is NOT a chiropractic procedure. The OBCE will allow RET (IRT) courses as continuing education similar to other adjunct treatment education, such as OHSU programs on surgical procedures. (May 2008)."

Sandi Hofmann, MRET and Trainer compiled comprehensive information, including a class syllabus, about the IRT seminar. Her informative collection explained clearly the problems encountered within the chiropractic arena including body pain complaints from patients coming into the office with trauma from Motor Vehicle Crashes or work related injuries. She explained that IRT may be useful with patients that exhibit pain and symptoms of body "disease" that have an emotional basis. She also suggested that others on staff in the office might need to receive the IRT process if stress of the office or the tragedies of the patients affect them in a negative way.

Kevin S. Johnson, D. C. RET, traveled from Burns, Oregon to Salem, Oregon and met with the OBCE in May, 2008, in their monthly forum, after they had time to review Sandi's information. He spent considerable time with them explaining the IRT process and how it would be integrated in the chiropractic office. He is very knowledgeable about RET, as he has been with the Institute since the early 1990's, and has sent many of his patients for RET when he believes some or all of their pain is emotionally based, or they have had a trauma resulting in body pain which brought them to his office for his chiropractic services. He has used IRT in his office.

Dr. Kevin Johnson knows the questions the chiropractic doctors will be asking and specifically how he has used IRT and how he would handle different situations. He is extremely brilliant with all four phases of the healing process; Spinal Alignment-Fighting Disease, "Nutrition and Exercise-Preventing Disease," and "IRT, Self Care-Relieving the Emotional Component to Pain." Dr. Kevin Johnson has been a presenter at many other seminars, including the Chiropractic Association, several years ago, where his topic was: "The Emotional Component to Pain." He was swarmed with questions and all the chiropractors present were fascinated with his topic because they, also, had noticed that their patients had the same, "emotional component to pain," but didn't know what to do with it. So, you can see the great benefit this seminar will be for all members of the Chiropractic office.

The IRT seminars can range from 4 to 50 people. Larger classes are enjoyable to teach because there are so many people to work on each other and incredible questions and situations referred to by the attendees. They deserve a very professional and adaptable answer to their concerns. And, they will be satisfied with the answers they receive! We notice that many of the attendees of the IRT class are so interested in the full model that they do go ahead and train for their Rapid Eye Technician certificate. Remember, those taking this IRT Training Course are not just listening to a lecture; they are actively learning skills and tools that they can immediately use in the office, or in emergency situations. Though, these classes will be totally chiropractic oriented, and no other professions will be attending, it is great to know that First Responders and others are using this technique with great success.

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Press Release

The RETI agrees that there must be a chiropractor in current standing as a RET with the RETI as part of each IRT training. Another RET Trainer must be one of the facilitators, as well. At this time, Kevin S. Johnson, D.C. is available to be in any IRT training. If an RET Trainer is planning to train IRT, Dr. Kevin Johnson must be contacted and arrangements made considering his schedule so he can attend. Soon, we will have other chiropractors that will take the full model training and Dr. Kevin Johnson will not be the only chiropractor available to assist in the training. A Chiropractor with an RET Training Certificate can teach this training alone.

In Oregon, many other professional boards have approved the IRT as continuing education. Other States will appreciate and honor what is happening in Oregon with IRT trainings. They can soon approve this process in their respective states. RET Trainers interested in CEU credentialing must contact their own state Board of Chiropractic Examiners or other professional boards apply for Continuing Education Units.

We give giant thanks to Laurie Solisz, MRET, Trainer, for her insight, dedication, spending her own money, and many hours of work that added greatly to our current IRT training model.

Also, an enormous thank you to Kelly Bird, Administrative Assistant at the Oregon Board of Chiropractic Examiners that assisted Sandi to first of all present the material to the appropriate people, and secondly, assisted her in the screening of this article, making sure no false claims are made. Thank you Kelly! And the OBEC!

This approval is HUGE for our RET Trainers and opens up a wonderful arena of professionals who can learn the IRT process as they attend our trainings. So many patients that come to the chiropractic office will have the benefit of IRT and their traumas will be lessened in the "blink of the eye." Thank you Dr. Kevin Johnson and Sandi Hofmann!

Special thanks to Laurel Devila, MA, Mary Bowen, MRET, and Sharlene Young, Master RET Trainer for their contributions.