



The Rapid Eye Institute

Social Networking

It is our intention to network together as a RET Community, so that all of us benefit from each person's marketing efforts as we take RET to the world. It is our Intention to increase your client load and increase the trainings in your area. It is our Intention to take our place in the professional arena.

As most of you remember we sent out a PowerPoint presentation to assist you to form a Facebook page and a business fan page. We are at the place now

where we are getting ready to connect to other business fan pages. If you haven't set up your Facebook page yet, go to the forum and download our PowerPoint presentation on how to get started on Facebook. We want to link to your Web Site, and other online things you are doing so you can get more exposure.

Support groups are being set up as well as Skype presentations online. We need you to

participate on whatever level you can. As we work together we will accelerate the realization of our dreams.

Thank you for being in our RET family and assisting us in working together. Please send any other ideas to me. Call with comments or questions!

Blessing and Love sent your way,

Ranae

New Marketing Tool

This is one of the best marketing guys I know of. I've researched most of them.

What I like about Facebook is how you can market to your ideal prospects and enhance relationships with your existing customers. Johnathan Budd is offering a free

online workshop to get more traffic and leads for your business.

<http://thefacebookmarketingsecrets.com/>

From Terry Petrovick

Social Media and Lifestyle Coach

Inside this issue:

Reiki	2
Self Care	2
Send Love Ahead	2
Letters and Testimonies	3
RET Vision	4
Grow with Humanity	4

Special points of interest:

- October 20-24, 2011 RET Training/ Certification-Salem, OR
- November 19-20, 2011 Illuminated Life Ontario, OR Class 1 of 6
- January 7-8, 2012 Illuminated Life Ontario, OR Class 2 of 6

See website for upcoming classes and courses

Reiki

One of the greatest benefits of Reiki is stress reduction and relaxation, which triggers the body's natural healing abilities and improves and maintains health.

Reiki is a Japanese word meaning universal life energy and originated in Tibet. It is not massage, hypnosis or a tool for diagnosing illness. Reiki is a technique that addresses both chronic and acute conditions, gently and powerfully promoting balance among all the body's systems and the regenerative processes of the body and mind.

Reiki is excellent for assisting in the physical, mental, emotional and spiritual issues of any kind. When the flow of the "life force energy" is disrupted, weakened or blocked, emotional or health problems tend to occur.

Long term practice of whole-body Reiki will:

- Restore the general condition of the body
- Open energy channels to improve the immune system
- Allow the body to heal properly and naturally
- Help cope with stress, anxiety and depression
- Regular sessions will increase the body's built-in defenses

For more informa-

tion or to sign up for the next Reiki Attunement November 5th, 2011 contact Sharlene Young at:

Sharleneyoung@live.com or Rapid Eye Institute

503-399-1181



1. The Crown Chakra
2. The Third Eye Chakra
3. The Throat Chakra
4. The Heart Chakra
5. The Solar Plexus Chakra
6. The Sacral Chakra
7. The Base/Root Chakra

Create New Patterns in Self Care

Health and healing is the process of accessing and maintaining a state of wholeness. We are responsible for our own physical, emotional, mental and spiritual health. Linking mind and body is an ancient Eastern concept in the art of yoga. Yoga works in offering an attitude to life and produces a feeling of peace, both in mind and body. This tran-

quil feeling stimulates both thoughts and actions, reminding us of the importance of the connection between the two. Opening the body with breath and movement is also linked then to the brain and mind—which is part of consciousness. There are countless forms of exercise out there. The mind has a remarkable effect on the body. Prac-

ticing good self care means having a whole outlook on life itself. Yoga assists in working with the body, breath, brain and mind working as one while letting go and relaxing.

Taking control over your thoughts and beliefs makes the difference between a garden that you cultivate and a patch of ground that is left to grow wild. ~ Skills for Life

Send Love To Your Day Ahead

Upon waking, consider the coming day by sending a message of ease into the future to positively impact the quality of your life. We can attract lives of joy, memorable moments and natural bliss even in the busy day to day routines. When you send love ahead to your day, that love will manifest itself in your interpersonal relationships and professional endeavors.

Each morning take several deep grounding breaths and reaffirm the love you have for yourself. Practice speaking a loving, self-directed blessing aloud as well as tell the universe that you are ready to receive the blessings set aside for you. As you prepare for your day,



visualize yourself surrounded in warm, soft and loving light. Gradually widen the circle of light until you are able to send it ahead into your future. Also send love to everyone you will meet and everything you do to ensure that your day is suffused with grace. In sending this love ahead we exercise our power of thought and creation.

Melanie Gentzkow, MRET

Letters to the Rapid Eye Institute

Thank you so much for your love and support. You are a beacon to many and especially to our RET community.

I was just thinking about when I first became acquainted with RET through Carol Tuttle (she was my Tech and mentor through my training process, back in the day...), I was SO excited to finally have current and articulate language to describe the truths and thoughts I had had for many years.

I was glad to know there was a community of people who were just as spiritually minded, faith induced, and loving as I wanted to experi-

ence. The first time I went home from RET training in Salem back in February 2000, I was floating! I couldn't wait to get back. So I did go back to three more trainings in Salem, then to just about EVERY training in Utah for nearly 12 years.

It is that initial consistent and intensified contact with my RET community that made the skills and techniques seem SO easy....even natural... for me. Even now, after practicing for nearly a dozen years, I still love to come "home" to the Institute now and then and reconnect.

AND I love connecting with my

RET Family twice a year in the inter-mountain states with the trainings that Marnae and I now do here in Utah. The feedback that we continually get from everyone that attends our trainings here is that they thoroughly enjoy the company, the renewal of the skills, the reviving of their joy and commitment to taking RET to their families and communities. It's a beautiful thing!

So.... Thank you, Ranae for making this RET family a reality.... for encouraging each of us....for offering hope and renewal to our world. I love you and appreciate all you do.

Blessings, Canah

Hi,

I will be calling you in a day or two to ask you questions about RET. I am enjoying the readings. I so appreciate you.

I see the day when RET is not only worldwide, but incorporated into medical and therapy sessions. I see no end to the work of recruiting,

sharing, caring, and transforming lives through RET.

I see, like the great Biblical dream, RET as the stone cut out of the mountain, without hands, to roll forth until it fills the earth.

It is time for a new level.

I am glad you see it....

I do....

And I am thankful to be a part of it.

Sending love,

Jim

"Nurture great thoughts, for you will never go higher than your thoughts"
Benjamin Disraeli

Hello Ranae,

Gail and I are the only two in our community that meet for support group. We do so as often as possible. Even though we are only two, our getting together under the umbrella of RET it is a lifeline and joy at the same time. We agree it is imperative that we continue to do so

for a list of reasons.

RET technicians understand why it is important to continue your personal work and to have someone to work with.!!!

We so love and appreciate the work you do and pass along to others through the RET Institute that Love

heals each of us individually as well as planetarily!!

Deborah chester,MRET





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We're on Facebook!

Join today!

Our Vision

We provide an environment for positive change through unconditional love, honor, education and community. Rapid Eye Institute prides itself on high standards of excellence and attention to technician support. Core Values are quality, integrity and being centered. Home study courses are accommodated with flexibility and sensitivity. The institute recognizes the worth and development of individuals, believes learning is a life long pursuit and that students learn by doing. Our mission is to provide adult learners a broad access to a high quality of education through a distance learning environment. Rapid Eye Institute's courses prepare its graduates to achieve professional excellence and to affect positive social change. Each technician practices respect for their clients' belief systems while practicing legally and ethically.

Grow With Humanity

Feeling trapped by life right now? A challenging realization during these times of accelerated change is that we are our only jail keeper. We are running patterns that sabotage our life (that is the good news). We get to experience accountability for the choices we make and the experiences those choices create. Everything we are thinking, feeling and manifesting in our life is a result of our choices.

We are constantly making choices-to honor or disrespect ourselves, others and our community. You can not think of yourself as a humanitarian and flip off the driver next to you all at the same time. The ripple effect of that action is huge. We wonder why we are so aggressive in our behavior. This can even be skiing up beside someone with no warning and "getting off" on watching them flinch. What triggers that? What is the intention? Feelings of powerless-

ness and ineffectual behavior often are the flint to this particular match.

Next time you start a sentence with the words, "I have to..." - please stop. These are the words of feeling trapped and when we release the patterns that keep us trapped and replace the words with what we want to create, things shift quickly. When you hear yourself say "I have to", replace it with what you would rather have. Choice is what makes us a creature or creator of circumstance. Notice that when we talk about choice, it goes hand in hand with accountability. They are linked and inseparable. The effects of your choices are on yourself, others and your community—and that is the accountability of a healthy individual.

Life shouldn't feel like you are always "on the edge". The ride is more neutral than that. We all have things in life that trigger us. When the trig-

gers happen with more and more frequency, it is time to safely release some of our stress load and get back on track.

Rapid Eye Technology can access these patterns that no longer work in our lives, release them and create a new pattern of connection and support. This is done without diagnosis, drugs, or machines - it is our body's natural process of REM sleep and a gentle, safe modality that creates dramatic change in a short amount of time. This change happens quickly because you, the client, use your own tools rather than taking on someone else's ideas and trying to fit your life into their box.

Claudia Bianca, MRET shares twenty years in private practice with Rapid Eye Technology. She is located in Taos, New Mexico offering private individual sessions, Immersion programs, Reiki Attunements and Rapid Eye Certifications and workshops.
www.claudibianca.com

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