Building Your Business

July 2016



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What are your dreams for your business? You've invested your time and money in education, by earning your certification as a Rapid Eye Technician. So now, follow the lead you've established. You are the founder of your business. Stand up and lead... and great shifts will happen! Look for solutions for your cause (what inspired you in this line of work), build your dream and dream BIG! You can have everything you desire in your business when you act like the founder and show up even when you don't want to.

Keep doing what you're doing and push forward to the next level by knowing exactly where you are going... your clients deserve you. Give it your all to the cause of what you believe. As a founder of your company, what are you going to do for your company? How are you going to set your sails?

Believe in yourself and remember why you started in the first place. People partner with people. Find the right groups of individuals that you want to anchor with, that have the same values, and create a community in your town. Think to yourself, "I can change the lives of 10's of 1000's of people because I am the founder of my company".

Protect your filter and vibration. In other words, what you focus on, you WILL find. Be mindful of what you're thinking about and find the positive in everything. Focus on the abundance around you and make decisions based on abundance. What do you do that affects your vibration? Keep your vibration at a 7 or 8... if you get down, get back up and master your thoughts. You may have to move on from people, places and things that no longer serve or support you.

Remember, people don't care what you do it's the "WHY" you do it.

Know your "WHY". Your life is your message to the world, make it inspiring!

~Melanie Gentzkow, MRET, Editor

VISION STATEMENT

In a Spirit of gratitude we call forth an abundance of lightworkers NOW who choose to enhance the planetary evolution through Rapid Eye Technology. We provide an environment for positive change through unconditional love, honor, education, prosperity and community.

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Certified RET Technicians may return to serve as staff or as a new student for any RET course they have previously attended.





Remember to turn in your CEU hours

EVENT	DATE	LOCATION	TRAINER/INFO
RET Skills for Life Class	August 4, 2016	Salem, OR	Lynell Beckstrom
1st Thursday Night of Every Month	7pm—9pm		801-856-1631
Open to the Community/Donation Only			
Couples Retreat	August 4-7, 2016	Idaho	Marnae Hobson & Canah Tedjamulia
			Call Marnae for questions
			801-718-5051
Your Awakening	August 11-14, 2016	Bountiful, UT	Sandra Baker
Awaken you, WHO you really are!			801-628-6788
Women's Retreat	August 11-14, 2016	Idaho	Marnae Hobson & Canah Tedjamulia
			Call Marnae for questions
			801-718-5051
Intuitive Life Coach Training	August 18-22, 2016	Bountiful, UT	Sandra Baker
			801-628-6788
			Call Sandra for infor- mation and details
RET Skills for Life Class	September 1, 2016	Salem, OR	Lynell Beckstrom
1st Thursday Night of Every Month	7pm—9pm		801-856-1631
Open to the Community/Donation Only			
RET Basic Certification	September 8-12, 2016	Bountiful, UT	Sandra Baker
			801-628-6788

Link here for entire calendar of 2016

THE RAPID EYE INSTITUTE

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Rapid Eye technology's mission is to teach unconditional Love, release pain

Rapid Eye technology's mission is to teach unconditional Love, release pain and

strengthen families. Rapid Eye has been around for 27 years and is a licensed vocational career school from the Oregon Department of Education. It is a worldwide organization and continues to change people's lives. Rapid Eye technology (RET) comes from Dr. Ranae Johnson's vision, inspiration and research. She acknowledges the many researchers that assisted her, as well as the many that assisted in program development. Rapid eye is available by home study as well as class work.

Ret is a simple, yet all powerful concept. It is an Energy psychology and works with frequencies of the mind /body. It is a very safe process as the body /mind already does it -all day the eyes are moving slowly in patterns to access information and blinking often to release energy and at night this same process is on fast forward.

We are simulating REM sleep in an awaken state when doing a session and giving verbal directions for the mind to go to core issues and release stress and old trapped trauma. Our body/mind is doing this every time we sleep and go into the REM sleep pattern. When we do it in an awaken state we have our awake mind to make a new choice and this gives power back to the client. It is as if our mind is saying "oh, that kept me alive when I was 5, but, I don't need it now. The eye direction device guides our eyes in a similar pattern that is done in REM sleep. Each eye movement talks and gives direction to the modal-ities and systems of the mind/body. There are 21 different movements. Each eye movement and process in RET is very important to the clients experience and to the release of their issues. Safe guards are in place in the model so clients won't release too fast.

We appreciate the dedication our Techs and Trainers have in keeping RET Pure. Rapid Eye goes with other healing modalities and energy work. Even though we do the processes and wand movements in a pure form, there is still room for inspiration from the tech. We never assume we know answers to client's problems; we don't council or give advice. In Ret we do processes that deal with how they feel, reframe and then teach new skills for living. Our techs are required by the department of Education and the RET Institute to keep their skills updated by doing continuing education to be in good standing.

The first 5 eye movements access the verbal, memory, visual, and re-create and feelings areas of the mind. We get the left brain talking to the right brain to access information –break it up and release it with breath work. The wand movements that are done in a straight lines talk to the left brain. Movements that are done in a circle patterns access higher frequencies in the Right brain and allows the client to release quickly all issues- past, present and future. When all wand movements and processes are done very little emotion, pain or trauma is felt, however, big issues from DNA and present time are released. When the core issue is accessed trauma is gone. New skills for living are vital so clients don't re-create a pattern that doesn't work for them in a different way. Check out the Website-

www.rapideyetechnology.com

503-399-1181 ~ Call today to begin your new career or add to your "tool box"!

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Support Heartway Foundation

You can support Heartyway Foundation by doing your Amazon search at: http://smile.amazon.com

The intent of Heartway Foundation is to fund many kinds of alternative healing technologies including the eclectic versatility of Rapid Eye Technology for qualified individuals and groups who desire to heal their emotional wounds and bring peace into their lives and the lives of those around them.

Some of the current Heartway projects include:

- Abused Women
- Addictions Recovery
- Cancer Patient Assistance
- Veterans

"The ultimate vision of Heartway Foundation is nothing short of global transformation a quickening of human evolution into peace, care, and compassion for all.

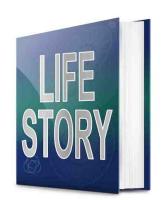
This foundation will provide funding up to 15 Rapid Eye Technology Sessions with a certified Rapid Eye Technician for crisis intervention for qualified recipients.

The Power of Thoughts



Your thought is what creates which then means that your focus is what activates the vibration that the law of attraction responds to. Whatever you resist, persists because it activates in your vibration. Rather than resist or push away something, ask for something better. Ask for something more appreciated and peaceful so that positive experiences show up.

Positive Expectation is when you train your vibration into the best of others. Only **you** have control over your behavior and it's your choice on how to respond to anything. Positive Expectation is true enlightenment of being tuned into who you are. Everything you're "getting" is only what you're giving out. It's worthwhile to be in alignment with who you really are. That way you're consciously aware of your vibrational indicator. Be aware of the things you don't want and clear them.



~Melanie Gentzkow, MRET

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Never Give Up!

Dear Ranae,

I am so happy to share this with you, I know you see how happy and excited this makes me feel, like I have finally arrived after my journey over the last 19 years. Knowing I had something immense to offer, but my skills never being recognized because they were always alternative. I was lucky enough to have the most amazing spiritual teacher who helped me through changes in my life where my whole world was turned upside down, as is often the way when Spirit wants us to change our direction. I stepped into a world I had not even believed existed. I first learned what Reiki was. I later became a Reiki Master, then a Seichim Master I did Numerology, Mind power, Chakra clearing and balancing. Crystals, Aroma Therapy, Bark and Bushflower essence, Massage.

I discovered that working in the energies was not enough to be recognized or valued as a respected therapist in our world. My skills were seen as being too alternative. I decided to learn some more recognized therapies, thinking they would be recognized and valued. I chose Kinesiology which I loved and felt it was right where I wanted to be. Alas it was at that time still considered "off with the fairies" stuff. My next choice was to do Bowen Therapy which is body work but still an energetic healing. Bowen was also unheard of at this time. I loved it and had such success with it. Bowen is able to reduce pain in the body by 50% in most cases after the first treatment. To me this was success, combined with the knowledge of Kinesiology. Unfortunately Bowen is still not recognized by the main stream world as valid no matter how successful it proved to be.

Alas, here I was with all these amazing skills working at a beautiful and significant clinic amongst Physiotherapist's, counsellors, acupuncturists and still being considered the therapist who was always suggested when other therapists couldn't help their patients. Fortunately with all the spiritual teaching and understanding I had behind me I knew I just had to be patient and wait for the rest of the world to catch up with me.

During the last 20 years Spirit had placed me in a place where I never dreamed I could ever work. I went to work in the Education Department at a Special School working with children with autism. I think, as Ranae discovered, it is baptism by fire. The learning curve into understanding how behavior was their form of communicating with the world. Trying strategies for creating new behaviors was for me fascinating. Kinesiology stood me in good stead and allowed me to help where mainstream teachers were at a loss to understand. Working with these children enhanced everything I already knew but, I did not know I knew it at this time. It was my forte'. Where did I go with this knowledge and these skills? I am still working at the special school part time. I consider this as my school family and love it.

The "Wow" has now arrived. I discovered EMDR still thinking it could have been RET. The teacher was Lee Pascoe; she also used the VAC system which I recognized from Kinesiology. EMDR did not mention this.

After attending this two day course with Lee everything fell into place for me. All my learning about energetic healing, knowing the body's ability to heal itself, I knew this was as right and as natural as needing to breath to stay alive. I knew I had to formalize my skills and gain qualifications in order to gain recognition and validation as a practitioner. EMDR would not recognize me unless I was a psychologist. I also noted they did not seem to cover the full area for healing and changing behaviors. I emailed Lee Pasco who is based is in Paris and she mentioned RET. I was given your website address. As I explored your teaching and philosophy I knew I had finally arrived at the place I was meant to be. The final step was to get RET accepted on my insurance policy for natural therapies. Then I really knew fear......would this be another fight and my therapy taking second place against mainstream therapies and the control I had always experienced from them. I have finally won the war. RET is now valid and recognized in Australia.

It is now time to advertise RET and have it become known. RET is so important for peoples wellbeing. I would like it to become known and as familiar for people to have RET as they would to have a massage or see a chiropractor when they are unwell.

Thank you for allowing my dream to become a reality. I know there is a lot of work to be done. It is good to know I am heading in the right direction. Australia also really needs this therapy too. I want to make sure it becomes familiar to everyone.

Many thanks to you Ranae. I am a fighter too and will not sit on my hands when I know there is work to be done.

With warm regards

Pauline

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Much Gratitude to Lynell and Sharlene, the entire Souls With Stamina staff and each and every participant!

SWS is an in depth course of Skills for Life and is a RET Leadership Immersion course that anyone can attend. It's 8 days of personal growth experiences were you get to know YOU better, and team building exercises that teach you how to show up more fully in your world with enthusiasm and JOY. It's held once a year... mark your calendar for next years course **July 8-15, 2017.** Contact Lynell Beckstrom for more information at 1-801-856-1631





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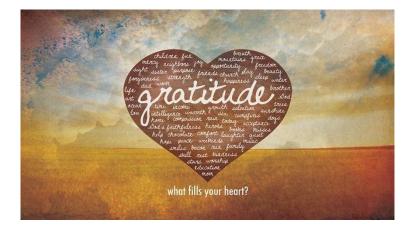




Join today!

Tune in to reasons to be grateful on a daily basis...

Gratefulness reframes any situation that disappoints you and brings about a sense of new and inspired energy.



All Natural Detox Drink by Dr. Axe (FOOD IS MEDICINE)

All the natural ingredients can be found in your fridge and pantry. Dr. Axe (<u>WWW.DRAXE.COM</u>) says that not only will this detox drink help you de-bloat, it also helps you feel more energetic, speeds up your metabolism, helps stabilize blood sugar and blood pressure and boosts yours immune system.

Unfiltered apple cider vinegar – full of probiotics and other beneficial bacteria. It can support immune function, help with blood sugar and constipation and help curb your appetite.

Lemon juice – packed with vitamin C and electrolytes, lemons can lower the risk of many diseases help fight viruses, promote healthy skin and help with weight loss.

Cinnamon - is the best antioxidant for balancing blood sugar.

Cayenne pepper – helps speed up your metabolism and helps stabilize blood pressure.

Sweetener (optional) – honey or stevia helps to sweeten the drink.

1 glass of water 12-20 ounces

2 Tbsp. apple cider vinegar

2 Tbsp. lemon juice

1 tsp. cinnamon

1 dash cayenne pepper

Sweetener to state (honey, stevia, etc.)

Mix all the ingredients in a glass.



It is recommended that for two weeks you drink this 20 minutes before each meal (three times a day). For two weeks, just dink once a day before your breakfast or lunch. As with anything, if you have any health issues, please check with your doctor before you try this detox drink.

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