

# RAPID EYE INSTITUTE NEWSLETTER

MARCH-APRIL 2009

VOLUME 1, ISSUE 1

## *What to Expect on Your RET Journey*

Although everyone's journey is individual, there is a protocol, or structure, that we do follow to ensure that you receive the most thorough Rapid Eye Technology sessions.

**RET Session 1:** Introductory session. We will discuss your health history, your family structure, your goals, your complete circuit of energy and you will learn the Energy Realignment ('tapping') sequence. There is usually not any blinking on this first session.

**RET Sessions 2 & 3:** Light Birth, Part 1 & 2. Many of our life's patterns began during the birth process, which began while we were in the light with our Creator (God, Heavenly Father, Source). During this time, we may have developed beliefs in struggle, pain, not good enough, or darkness, to name a few. This script is written to remind the system that we brought the light with us; we are not ever disconnected. Individual goals and needs will be addressed within the structure of this script.

**RET Sessions 3 & 4:** Timeline – Inner Child Work. These sessions work in the parts of our subconscious that continue to hold trauma from our childhood, birth – 18 years. Individual goals and needs will be addressed within the structure of these scripts.

**RET Sessions 5:** Defense sets. Identifying and addressing what your system does when you are afraid. Looking at old patterns that are no longer effective and helping your system develop new patterns that may bring better results.

**RET Sessions 6 – 12:** Once the foundation has been laid for your journey and we've addressed many fundamental issues and beliefs held in the DNA through the first 5 sessions, we will begin to address very specific and individual needs. Some of the sessions that we will do will include:

Specific emotions: grief, fear, anger, regret, blame, addictive patterns, self-esteem, boundaries, etc.

Perception/Creation Walk, New Pattern Cycle Creation, Clearing for Unconditional Love, Core Belief Scramblers, Balance Walk, Long Birth, Energy/Prayer/Creation Circles, Chakra Scripts: 1 through 12 & Walking in Your Auric Fields.



### INSIDE THIS ISSUE:

*Insights from Ranae* 2

*Did You Know* 2

*Times Are Tough Be Creative* 3

*Battling the Bug* 3

*RET to Counter Panic Attacks* 4

*Treating Chronic Fatigue* 5

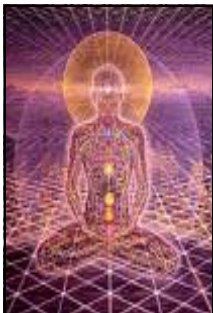
*February 2009 Training* 6

(Continued on page 4)



Ranae Johnson, founder of Rapid Eye Technology and owner of the Rapid Eye Institute

"At the heart of Rapid Eye Technology is the sense of the sacred – an awareness of the perfection within each of us." Dr. Ranae Johnson



## *Insights from Ranae*

### **Marketing Your Service**

Marketing RET is not so much a way of doing as a way of thinking, or being. The understanding of distinctive characteristics of the RET services provided is essential.

Focus on what the client needs and paint then into a story of a unique process that can indeed meet their needs by going to the cause of their issues, processing them with RET and retraining the mind/body system to create what they desire. Short stories of how the RET process has assisted others similar to them is your greatest marketing tool.

Start by knowing your craft and continue your own personal work. Become professional in every way.

Clients want and will pay for quality and quick results. .

Create your mission of position statement. The statement describes what you desire.

1. Who you are.
2. What is your service (RET)?
3. For whom does it work for?
4. What's different about RET?

The RET Masterful Marketing Program is studied as an experiential in the RET Master Training. The date for this class is July 16-19, 2009 in Salem, OR at the Rapid Eye Institute.

This is an excellent opportunity to review your RET skills and take them to a new level. Excited to see you there!

To register call 503-399-1181 or go online to [www.rapideyetechnology.com](http://www.rapideyetechnology.com).

### ***Did You Know...***

- The consciousness of the observer determines how energy will behave.
- The focus of our awareness becomes the reality of our world.
- The act of focusing our consciousness is an act or creation. Consciousness creates!
- To tap the force of the universe itself, we must see ourselves as part of the world rather than separate from it.
- Everything in our world is connected to everything else.
- The Divine Matrix is the container that holds the universe, the bridge between all things, and the mirror that shows us what we have created.

## ***TIMES ARE TOUGH BE CREATIVE***

-by Christina Jenks

We here it everywhere now days and I'm sure a lot of people are feeling it too. The government says we are in a recession and have been for quite awhile. It is affecting our economy in a devastating way and has impacted a lot of lives. The unemployment rate is climbing higher than ever, families are cutting back where they can to save a dollar, and many wonder what lies ahead for their future in these trying days.

### **When the Going Gets Tough**

Tough times create change. Change has been perceived as being fearful and experiencing loss. However, change has created lots of positive results. How we choose to look at a situation or perceive it is up to us.

### **A Little Here, a Little There**

This can be as simple as you want make it. You can choose to look at tough times as an opportunity to create more quality time with your family. For example, instead of buying that package of cookies, you could make it a family project and bake them at home together at a fraction of the cost. This view point creates abundance verses loss.

### **Teach and Learn**

If you want to learn to create tough times different, begin to teach it to yourself and others. Everything happens for a higher purpose to mirror what is unresolved in our mind/body system. So the "recession" may be mirroring lack or poverty consciousness within our DNA. A good affirmation to teach yourself and others is "Even though there is an illusion of a recession, I am a continuous flow of an unlimited amount of money."

### **Do the Free Stuff Now**

More than ever people are looking for a bargain. The Skills for Life Classes can be taught for free or for donations. This is a great outlet and time to capitalize on what you have to offer for services and to teach others wonderful tools to deal with today's economy. Everyone may benefit from going to a Skills for Life Class, call the RET Institute to find one in your area.

### **Buy Low, Sell High**

If your work load is lower than usual, take this "low" as an opportunity to add on to what you desire to create or have. For example, teach or advertise more by doing it in new areas. This exposure will sell what you have to offer to a larger percentage of the population. Keep high expectations of yourself and have strong intentions!

### **Bottom Line**

We always get to be right. Whatever we think and feel, we create more of. Be creative by creating abundance in your life and have fun with it!



*To exist is to  
change, to  
change is to  
mature, to  
mature is to go  
on creating  
oneself  
endlessly.*

*- Henri Bergson*



## *Battling the Bug*



HEALTHY CELL GROWTH  
AND GOLDEN THREADS  
PARALIMINAL CD

It had been two long, miserable months of catching one thing after another, I had had enough of being sick. I had been to doctors numerous times, taken several medications with no relief and chose to schedule alternative means to heal.

I had a hot oil treatment with Reiki and processed on the Mind's Eye Voyager with the Healthy Cell Growth and Golden Threads Paraliminal Cd. To my astonishment, I felt so much better than I had in the past months that I was able to go to work the next day.

If you have been battling the bug I highly recommend this process, it did wonders for me!

-P. J.

## *RET to Counter Panic Attacks*

It has proven that relaxing has helped people with anxiety disorders and those prone to panic attacks.

### **RET Relaxing Techniques**

- Eye patching
- Grounding Cd & Release and Retrain Cd
- Guided imagery
- IRT Tapping
- Mind's Eye Voyager
- Breathing techniques

Schedule a full RET Session to go the core cause of the issue.

THERE IS  
NOTHING LIKE  
A DREAM TO  
CREATE THE  
FUTURE.  
  
- VICTOR  
HUGO



## *What to Expect on Your RET Journey*

(Continued from page 1)

**Self Care Tools:** You will also learn several self-care tools along the way:

Patching, Patching with R Mode/L Mode conversation, Energy Realignment, Immediate Release Technique, Affirmations, Energy/Prayer/Creation Circles, Balance Walk, Perception/Creation Walk & The Skills for Life Classes.

## *Treating Chronic Fatigue*

People suffering from chronic fatigue have usually tried every other process when they come to Rapid Eye. This has left them discouraged and very negative. Their thinking and languaging all must change to positive ASAP. It takes a lot of effort to overcome the negative pattern they have formed.

### **1st session**

- IRT - Pattern cycle and core beliefs.
- Patching - (Have Client patch eye that feels the best each night at home)
- Life Skills (Introduce Cd's) Have client purchase a set of Cd's to listen to every night while sleeping.

### **2nd Session**

- IRT for present issue.
- Put client on Mind's Eye Voyager with the Light Birth Cd and Grounding Cd with volume loud in the background so they can hear both Cd's. Client may fall asleep but will still process on a deep level.

Have Client purchase the Grounding Cd and play it everyday and patch the eye that feels the best in the evening.

### **3rd Session**

Continue session work as outlined in the RET manuals. The core belief scramblers are very effective. It takes 12 or more sessions sometimes for this condition. Body walks are very important. If the client gets tired, put them on the Voyager with RET Cd's and Chakra Cd's. Example: Inner Child Cd and 10th Chakra Cd with Voyager. Do release and gather and large figure eights to reset the meridians and do the closing process. Ground your client very well.

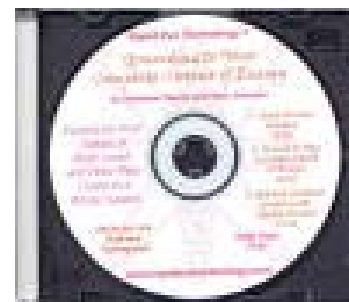
Rapid Eye will benefit and may cure Chronic Fatigue for most people. Client's can purchase a Voyager from you to continue to do good self care.



Light Birth CD



Mind's Eye Voyager



Grounding CD

**Purchase online at**

**[www.rapideyetechnology.com](http://www.rapideyetechnology.com)**





Rapid Eye Institute

581 Lancaster Dr. SE  
#270  
Salem, OR 97317

Phone: 503-399-1181  
Fax: 503-373-3606  
ret@rapideyetechnology.com

---

**www.rapideyetechnology.com**

---



**Welcome RET Technicians, Feb. 2009 Training!**

**Salem, OR**

Comments from the class:

*“What a great way to spin your life for the good, this will change lives.” -M.W.*

*“Do not miss attending if you have the chance to go!” - J.M.*

*“The final certification process brought every process together for me. I felt like I had enough training and resources to be effective with clients.” - S. N.*

*“Very supportive and comfortable in that it’s designed not to make you feel like it’s a “school”, wonderful opportunity to have this as a “vocation”. K.C.*